

Newtown Campus Bipartisan Event Highlights Importance of Student Political Involvement

DAVE KUEBLER AND
ELLA GARRATT
Centurion Staff

Bucks’s Democratic and Republican clubs came together on Thursday afternoon for a bipartisan workshop to discuss the importance of youth participation in politics and opportunities for students in the campaign world.

What was supposed to be a Democratic club rally quickly turned into a political potluck, when the 19-year-old vice president of the college’s Democratic club, Alexa Lipkin, a political science major from Fairless Hills, spoke with her close friend and Republican club president, Zachary Shoester, and encouraged him to join the event, birthing this bipartisan workshop.

“I work very closely with both parties, so I thought you know what, why not engage everyone?” Lipkin said. “Because when you only do one party, you’re only going to get one side of the people, and we want to show the students at Bucks how they can do more, regardless of political standing, regardless of beliefs.”

Lipkin also occupies the position of Political Affairs Director for the Republican club as well. Her passion for both political stripes is what brought both sides together for this important dialogue.

Shoester and Democratic club president Shanzeh Kahn brought their cabinets with them, as well as a guest speaker from each party to share their stories and give some advice to the young men and women in the crowd on how and why they should become more involved in the world of politics.

The first to speak was Republican David Gibbon, the campaign manager for Brian Fitzpatrick, the U.S. Representative for Pennsylvania’s 8th congressional district, who’s currently running for Congress.

Gibbon, a Bucks alumni, accepted the request to speak at this event because he feels very strongly that young people, regardless of their beliefs or respective party, can make a huge difference in political landscape. Preaching the fact that extensive experience, nor a fancy degree are a necessity.

“So much of this, can only be learned by being involved in it. The books are great, and I advise you to keep reading them, but I also highly advise you to volunteer, intern, apply for jobs, because what’s really cool about politics is, there’s no real requirements.” He reiterated, “a lot of times, the innovation that’s happening on campaigns, in government organizations, is now coming from the bottom. From the people newest to the organizations.”

One of the biggest obstacles for

the youth of today, is the fear of the unknown when it comes to politics. Being unsure as to how they can get more involved, how they can become more knowledgeable, and really, how they themselves can actually make a difference.

Gibbon responded to a question from the audience on that very topic.

“The first thing is to show up. People will take your help, even if you don’t think you have a lot to offer. I promise you there are some envelopes that need addressing, there’s some phones to be answered. And after that they will ask you to make phone calls, and after that you’ll be writing script for those phone calls, and after that you’ll be writing policy. It happens very quickly, guys, and I really don’t believe there’s another field quite like this. That has as much opportunity at the entry level.”

And for those who are still unsure if they are cut out for the world of politics, they don’t have to have it all figured out right away.

“To those students who aren’t sure exactly what part of public service they’d like to enter, I tell them to find out why they’re interested – find out what matters to you and get involved at the ground level. It may seem tedious at first, but that is the best way,” said Gimmon.

“At the end of the day, find a way to put yourself at their doorstep, and if you knock they will open it, I promise you.”

Although the two speakers represent opposing parties, they agreed on all fronts about how young people, particularly students, can become involved politically in their communities and in public service.

Vice chair for the Young Democrats of Bucks County (not to be confused with the Bucks Democratic club), Steve Warhola, spoke to the potential tedious jobs that young and eager politicians may have;

“There are always envelopes to stamp, folders to file, and phone calls to be made. These may not be the exciting jobs or the jobs that seem like they have an impact, but over time, they do. These are the daily operations that keep the community and the politicians connected. If you have to start doing to simple tasks, you will rise up.”

Warhola, very much like the young people he was addressing, was just an average high school student, two-sport athlete, and had little to no insight into the political climate.

He found himself at Neumann University, prepared to continue his athletic career at the collegian level, when he suffered an injury that had him laid up for several months. It was during that time he discovered politics, and soon

thereafter, became enthralled by them.

“I started paying attention in my political science classes, and I realized that, I’m into sports and I’m competitive, and this politics game is another competition. But the reward for winning this game, is that you actually get to help people, and improve their lives in the future.”

A key point Warhola hit on was the complacency of today’s youth, in the realm of politics, because of their belief in its minimal effect on their everyday lives.

“You’re saying that politics hasn’t really effected your life. But what about your family? What about your friends? People that you know from different communities, that haven’t necessarily had your same life experiences and the benefits that came from them. Politics affects them.”

Warhola also noted the incredible difference being made by the young students of Stoneman Douglas High School in Parkland, FL. “Students, high school kids, have changed the national conversation. So, for those people who say, getting involve doesn’t matter, my vote doesn’t count, tell that to those kids.”

He also proclaims, however, is that not every single person, or their actions, are going to result in the instant gratification of change. “Unfortunately, politics really is a long game. But the phone calls, knocking on doors, stuffing envelopes, those are the things that are important for today. Even if they



Republican speaker David Gibbon. aren’t the most self-gratifying. It might not be the most appealing, but it is the most effective.”

Although they reside within parties on opposite sides of the country’s political foundation, Warhola and Gibbon’s thoughts echoed one another on the younger generations necessary involve-

ment in politics going forward. It isn’t glamorous, it will not garner news coverage, it very sincerely may go unnoticed in the moment. But collectively, all those little things invoke change. And the young people responsible for them are making a difference.



Above: Bucks Democratic Club Below: Bucks Republican Club PHOTO CREDIT: DAVE KRUEBLER



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Bucks News

Trump Actions on Immigration, War Disturb and Divide Bucks Students

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BREANYA CURRAN
Centurion Staff

With his promise to “Make America Great Again,” President Donald Trump has created an uneasy, divided nation as he seems to fall short in the eyes of plenty. While his presidential campaign was built on the idea that America will come first and great change is coming, students are facing major stress from the steps our president is taking to get there.

While asking students on campus how they felt about Trump’s presidency thus far, many responded in a negative way. They agreed to feeling stressed and concerned for what their future may hold for them individually, for their families, and for their nation.

“I feel like kids growing up now will be insecure because of

the color of their skin,” said Giselle Amignon, a 18-year-old, biomedical major from Newtown who expressed her concern for those who, like her, come from different backgrounds.

Amignon’s fears are ones that match many students in our area and others, as one of Trump’s major points throughout his campaign was to ‘build a wall,’ a proposition that many feel is singling out specific countries and races our melting-pot country was once accepting of.

“It frustrates me. I’m first generation Mexican-American and it’s frustrating that they’re building this wall. It’s hard when you’re coming from another country that’s not prospering as well and I think people should have that opportunity, regardless of their skin color.”

Trump’s presidency has seen many cabinet changes as people lose their jobs, faced many controversies from his past and from the election, and failed to meet many of the promises he had made in the beginning.

“The question soon becomes who is he doing this for and is it still for the people,” says Robert Borges, a 20-year-old, liberal arts major from Newtown. “That’s the part that stresses me out. It feels like what he is doing is not for our benefit.”

However, while many students are worried more so about how he is running our country, others had a more optimistic outlook on the situation.

Kyle Crossan, a 19-year-old



Warminster native pursuing a psychology degree, says “It stresses me out to see his policies and who he appoints for jobs they aren’t qualified for.” Trump’s original cabinet has since been emptied and refilled with new appointees.

“Trump was a catalyst for things, and he’s going to be the start of change, but not the change he thinks.” Crossan believes some good will come from this presidency many didn’t ask for, such as the women’s marches and the gun control protests. “These are sensitive topics and it’s unfortunate it came to light this way, but at least light is being shed.”

For some students, it has be-

come such an issue that it plays a big role in their daily lives and adds to the stress they already feel due to their own personal world, but worrying about what the future may hold and the uncertainty they feel due to it all is not helping either.

Guidance counseling is available from 8:30 to 4:30 p.m. Monday through Friday and can be reached on campus, by email (counseling@bucks.edu), or by phone at 215-968-8189. Feel free to reach out at any point for any concerns.

Students Fire Back Against Trump’s Tweets



ELLA GARRATT
Centurion Staff

Bucks students voiced their beliefs of President Trump’s ‘detritmental, uncensored, and improper’ twitter feed, echoing experts’ opinions that his online presence is more than just unhelpful.

“I feel his tweets are more harmful than helpful, because they’re typically detrimental and uncensored,” said 21-year-old, William Suh, a business administration major from Warminster.

‘Detritmental’ is the same word used by political experts and activists that have started calling Trump a ‘cyber bully’. This is not without evidence; in his first year in office alone, Trump insulted a staggering 425 people, places, and things. While ‘insulted’ can be deemed a biased term, even correspondents who traditionally

supported the GOP are critical of his Twitter usage.

Nicole Wallace, the former communications director for President George W. Bush and a well-known strategist for other Republicans, called Trump out: “When you attack a man for living an ordinary life in an ordinary job, it is bullying. It is cyberbullying. This is a strategy to bully somebody who dissents. That’s what is dark and disturbing.” – The New York Times

It’s not just Bucks students who are feel his tweets are, at the least, unnecessary. In November, The New York Times featured an article titled “What Do You Think of President Trump’s Use of Twitter?” which had insight from political experts and asked students to respond with their own opinions. The results ranged from ‘appalled’ to ‘hilarious’.

and taken seriously.”

Alexa Lipkin, 19, a political science major from Fairless Hills agrees to some extent. “I think twitter itself is beneficial, because it levels the playing field and regular people can communicate with the president. Trump abuses the Twitter platform though, and he represents our country and is doing so in a negative and unfiltered way. His verbiage isn’t even correct. I understand it’s 2018 but he’s the president, and he should spell ‘coffee’ correctly.”

Bucks’ very own political science and history professor, John Petito offered an opinion that could be a helpful hint to all Americans unsure of what they read.

“I think President’s Trump’s tweeting is unfortunate. I believe either domestically or in the international sphere, clarity, in communication is very important, and I believe in today’s world we have very little clarity as to what United States policy is,” Petito said.

With the prevalence of fake news in the media, it can be difficult to know what is true and what is false, especially with twitter mainstreaming communication between government officials and citizens. Only time will tell how Trump’s twitter will shape the nation in the next three years.



At some point the Fake News will be forced to discuss our great jobs numbers, strong economy, success with ISIS, the border & so much else!



Donald J. Trump

@realDonaldTrump

5:10 AM · 3 Jul 2017

Campus News

“March For Our Lives” Movement Moves To Youth Voting As Students Consider Registration

MATTHEW AQUINO
Centurion Staff

On March 24, the March for Our Lives, a student-led demonstration to show support for stricter gun laws, encouraged many young people across the nation to take a stand and vote.

Teens marched for their lives through the streets of Washington, D.C and in over 800 cities throughout the United States and all over the world. When Jackie Brodman, 23, a Biology major at Bucks was asked what her opinion on the marches was she said, “It was an amazing demonstration of young people and the future generation using their voices to evoke the change that our country so desperately needs.”

Many speakers at the marches encouraged the younger generation to come out and vote. Typically, members of the younger generations don’t show up when it comes time to vote, especially for the midterm elections.

Allie Olsen, a 21-year-old english major, had a strong opinion on the topic of voting. She explained, “Voting is probably the most important thing we can do as members of a democratic society. Votes matters and every voice should be heard.”

When asked if she’s a registered voter she said “Yes. As soon as I turned 18, I registered and voted in state and national elections for the past 4 years.”

Although there are students that do go out and vote, there are also some who don’t. Sean Finnegan,



While some students feel that registration to vote is important, others are rejecting the party system entirely

PHOTO CREDIT: WIKIMEDIA COMMONS

a 20-year-old business major at Bucks argued, “I am not a registered voter and haven’t thought about registering since the last election.” He went on to explain, “Some people don’t register to vote because sometimes, they don’t like either of the options they have to choose from.” When asked if he would change his mind to become a registered voter in the future, Finnegan said, “If I liked one of the candidates, then that would definitely motivate me

to get out and vote.”

A question that’s going to come up is why the younger generation doesn’t come out to vote. When Michael Lee, a 20-year-old engineering major, was asked this question he said, “Young people don’t come out to vote because they don’t think their votes matter or they don’t get the opportunity to register.”

Christine Eisenberg, 18, a photography major at Bucks argued, “Registering should be easier

for certain people and with the technology today, students should be able to register and vote from their smartphones.”

When asked if registering and voting will ever be accessible through the younger generations’ phones and if she thought younger people would vote because of this, she stated, “Yes, I do. Most young people have a phone and are using them all the time and I truly think this would get younger peoples voices out there more.”

Matt Jackson, a 23-year-old criminal justice major has been a registered voter since he was 18. Jackson said, “The younger generations are making a stand for what they believe in and are really trying to evoke change, but it is all for nothing if we don’t show up for Midterm elections and let our voices be heard.”

Voting is always a place to try and make changes and voice your opinion, but in the end, the decision is up to you.

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Spot Profile

Republican Representative Fitzpatrick Seeks Another Chance, Stresses Cybersafety, Opioids

GABBY HOUCK
Centurion Staff

“You know when I was a kid, if I hurt my ankle playing outside, my mom would just throw a bag of peas on it.”

The crowd let out a few chuckles, but the laughs became fewer as the speaker’s words turned stark.

“But now, we as a society seek instant gratification, instant relief, and we turn to opioids to find it.”

The speaker was Congressman Brian Fitzpatrick, who joined the Doylestown Rotary Club’s early morning meeting on Tuesday, March 27, to talk about the key issues he’s been focusing on throughout his term.

The issue that haunts him the most? The opioid epidemic that’s been plaguing communities in Pennsylvania for years.

Brian Fitzpatrick is the incumbent for the eighth district, which after court ordered redistricting, is now the first district.

The eighth district was a swing district, meaning it could go either Democrat or Republican. However now the first district includes more democratic territory, making Congressman Fitzpatrick’s re-election that much more competitive.

Currently, Fitzpatrick has his party’s backing for the primary election taking place in May, but he’s also facing off against fellow republican Dean Malik.

As for the Democrats, three have emerged to try and unseat Fitzpatrick. Rachel Reddick, Steve Bacher, and Scott Wallace.

At the early Tuesday morning meeting, Fitzpatrick was introduced incorrectly by his brother’s name but took it in stride with a giggle saying, “It happens more



often than you think, I used to it by now.”

The congressman met the small but eager crowd to speak about what he’s mainly been focusing on throughout his term as congressional representative for the eighth district. As his term dwindles down and he faces re-election, Fitzpatrick told the crowd he’s still standing firm on three issues; the opioid epidemic, school safety, and cyber security.

Fitzpatrick then reminded the crowd that over the weekend three Pennsbury graduates had lost their lives to opioid addiction.

Fitzpatrick admitted, “This isn’t an easy battle, there’s people that aren’t interested in financing the solution, they don’t want to make the investment.”

Fitzpatrick then went on to say, “But I don’t think money should be an issue, you can’t put a cost on human life.”



Fitzpatrick speaking at rotary club meeting. PHOTO CREDIT: GABBY HOUCK

As to how Fitzpatrick wants to “stop the bleeding” with the opioid epidemic, he said he wants to start with the education our schools provide on the matter of drugs, drug addiction, and mental health.

“Let’s start early, we don’t spend enough time educating about mental health and warning our children just how dangerous these prescription drugs are.”

“There’s a stigma around here that’s attached to drugs like

in cyber security saying, “Cyber security is by far the greatest security risk we face.”

“In the age of terrorism where physical acts of terror are being committed, people downplay the harshness of cyber security, but

don’t be fooled, a breach on cyber security can cut a democracy off at its knees and destroy an economy.” Fitzpatrick warned.

Fitzpatrick then ended with school safety, reminding the crowd that “there is no higher priority we have as parents than to protect our kids.”

“My personal view is that if we don’t talk, then we can’t fix anything. That’s why I’m part of the Problem Solvers Caucus.”

The Problem Solvers caucus is a bipartisan group in the U.S. House of Representatives with about 48 members that all specialize in coming up with bipartisan solutions on key policy issues.

“No one party has a monopoly in good ideas, we need to listen to each other in order to act and make change. We need to come up with the best solution regardless of party affiliation.”

Despite expressing how we need to talk about the issue, Fitzpatrick didn’t mention the March for Life that had taken place this past weekend.

When audience members asked

how we as citizens can help, Fitzpatrick urged them to visit his office in D.C., saying “I’d much rather see you guys down there than the people I normally have to see.”

The crowd, delighted with his

invitation, then wrapped up the meeting and gifted their guest speaker of the morning with a Mercer Tile with the club’s symbol on it. The crowd thanked the congressman, and the meeting was adjourned.



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Personality Profile

Davida Kleinman: How She Balances Being a Nutritionist And a Bucks Professor

TATIANA GORDON
Centurion Staff

Davida Kleinman is a registered dietitian and nutritionist at Eat Right Bucks County and an Upper Bucks professor teaching a nutritionist class. Eat Right Bucks County is a medical group practice located in Doylestown.

More than 36.5 percent of adults struggle with obesity in today’s society and this obesity has a number of health risks such as heart disease, stroke, and certain types of cancer which could be a leading cause of death.

The medical costs for people with obesity are astronomical, totaling up to \$147 billion, and the cost for individuals dealing with obesity is \$1,429 higher than those of normal weight.

Kleinman guides each patient she sees to get them to a weight that is healthy and manageable so that these types of health risks can be avoided.

Today, she is meeting with Sarah Uricchio, 21, pre-k education major for her nutritionist appointment at Eat Right.

Uricchio was at risk for type 2 diabetes.

Uricchio had an annual weight check at a pediatric appointment about a year or two ago. The doctor noticed Sarah’s weight and the fact that her weight wasn’t where it should be. The doctor suggested that Sarah visit a dietitian to guide

her with her weight loss.

Kleinman graduated from Delaware University with a Bachelor’s Degree in science and nutrition and dietetics. After graduating, she went to Immaculata University and earned her Masters. She then completed her internship working in nursing homes and a rehabilitation center in Philadelphia.

Kleinman works with with parents, children and families. She says, “I believe that it’s never too late to make positive changes in your diet.”

Kleinman can relate to a lot of the clients in that she struggled with weight loss herself as a child. She learned to cut back on foods with a lot of calories and substitute snacks with healthier choices.

Uricchio fills out an initial assessment form and Davida is required to hand these forms out prior to the appointments.

Kleinman specializes in patients with at risk for diabetes, those that have high cholesterol and women who are pregnant. These are things she focuses on.

She tries to get personal with each patient and tries to reinforce patients to continue what they are doing because when patients go on their diet, a lot of times they go back to their old habits.

In her appointments, she talks about ways to eat better and how to portion meals. Substituting carbs and packaging portion stuff?

Can guide you into losing weight.

Kleinman says, “It’s these little changes over time that can amount for a lot. Slow and steady wins for the most part and I highly suggest you don’t focus on the scale and the number on the scale because everybody’s body type is different. You have to be comfortable in your body type.”

Uricchio changes the topic and uses hand gestures as she is talking to Kleinman about what she’s been doing lately to improve her diet.

She swings her glasses in her hand as she says, “I’ve been trying to buy cheaper products at Walmart and certain snacks like red mill oats are filling containing a good amount of fiber. You don’t really need a whole lot of it to fill you up which is great.”

Kleinman calmly writes down a list of what a diet should look like for Uricchio starting with what Uricchio should have for breakfast and ending with what she should have for dinner.

For breakfast, Uricchio should try to have something light like eggs and a Kind bar. Eggs have a lot of protein. Breakfast is the most important meal of the day because it starts up your metabolism.

For lunch, Uricchio is allowed to have a healthy sandwich on a whole grain roll. She can have a healthy snack for lunch as well.

Uricchio should avoid having



late dinners and she shouldn’t have a meal past 7 p.m. For dinner, she can have a soup or a salad.

Kleinman says that Uricchio doesn’t have to totally give up on eating the foods that she loves but limit quantities. It is fine to have ice cream for dessert once in a while but it is important to follow the serving size and be aware of the calorie intake.


Kleinman teaches at the Upper Bucks campus and most students in her nutritionist class are majoring in nursing. The class is very different from her appointments at Eat Right Bucks County.

She uses a canvas site and for the textbook, she has students using MCgraw which is an online textbook. She adds to this saying, “It’s an excellent tool for my students because it forces them to read and take the test afterwards.”

In her classes, she talks about nutrition and the history about nutrition. She also discusses the science behind it. She gets into the micronutrients, vitamins and minerals. Then she discusses the nutrition life cycle which lasts from childhood into adulthood.

Living a healthy life style pays off in the long run and saves individuals from dealing with certain health risks such as heart disease, strokes, diabetes and etc. It also, saves people from spending more than they have to because of their weight.

It’s important to seek a medical nutritionist and dietitian before the individual finds out he or she has a stroke, diabetes and etc. It’s the nutritionist’s job to prevent these health risks from occurring so, don’t be afraid to seek help.



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Personality Profile

Three Cooks, 70 Reserved Tables, 100 Degree Kitchen: How Angela Shellenberger Takes the Heat, Every Day

JOE ROATCHE
Centurion Staff

“Ordering! A veal Parmesan, fillet medium, and a cup of snapper soup,” Angela Shellenberger, of Indian Valley Country Club barks out her first order of the night.

Working as a sauté chef, Shellenberger is strapped with a white button-down chef coat with her name sewn on, accompanied by black crocs, a digital thermometer, and a BIC pen, all in preparation for another night of dinner service.

In a 100 degree kitchen, with meat steamers and a three-stage dishwasher pumping at full tilt, sweat trickles down the rosy red cheek of Shellenberger as she dances through the food line, talking to her filets, “Are you done yet?” Shellenberger asks the meat.

“I found my passion to be a chef early in high school.” Shellenberger says. “When you start out, usually you don’t see the art form behind the food that you’re making.” She added, “That’s what drew me in, making sure every dish I make looks, and most importantly, tastes delicious.”

Over 70 club members have reserved tables to eat at Indian Valley on a Friday night, where a live band is performing “Open Arms” by Journey. With a staff of only three dinner cooks, Shellenberger is in command in the middle of the cooking line, dishing out tickets for the other chefs to prepare and send out to the waitresses.

As the yellow and pink tickets

stumble out of the machine, the lines pace increases, as well as the level of stress amongst the kitchen. “When 20 people come in at once, it definitely can get a little stressful.” Shellenberger said. She added, “But it’s also important that just because I am moving faster, that I don’t neglect any plates.”

Being a sauté chef is not just about making mouth-watering dishes, but also includes hours of prep work. This of course, helps maintain what needs to be ready for the night as well as what needs to be ordered for the upcoming week.

“Prep is the easy part.” Shellenberger said. Smiling, she added, “I just throw in an ear bud and go to work.”

Shellenberger talked about prep being one of the most important aspects of her job performance. “If you don’t have your food prepared, or the things you need, you throw yourself and all the other chefs off their game.”

Shellenberger talked about the difficulties it takes to be a chef and what she would tell current students who want to work as a chef. “If you truly want to be a chef, then get any job in a kitchen. That’s where it starts.” Shellenberger said. “If you do that, and still want to be a chef, you may have found your calling.”

In addition to being a sauté chef at Indian Valley, Shellenberger also works as a part-time employee at Wawa in Souderton, Pa. Although juggling two jobs is strenuous, Shellenberger says



Shellenberger in action putting finishing touches on some dinner plates.

her second job is mostly for her enjoyment as much as it is for the money.

When talking about her job at Wawa, Shellenberger said, “It’s obviously not the same job that I have at the Country Club, but I’m still able to do things I love.” Describing some of her duties Shellenberger said, “Just making smoothies, preparing sandwiches, and making sure everything is

stocked up.”

Between Indian Valley and Wawa, sleep is almost non-existent in Shellenberger’s life, as she talked about sleeping an average of four to five hours per night. From working at Wawa until the time she wakes up, to eventually working as a line cook into late hours in the night. “Sleep is hard to come by but I wouldn’t trade what I do for the world.” Shel-

PHOTO CREDIT: JOE ROATCHE

Shellenberger said. Jokingly she says, “But we will see how long that lasts!”

Shellenberger talked about her choice of profession by saying, “You do what you have to do to get by.” She added, “It sounds cliché but when you care about what you do, it makes going to work not feel like a job.”

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Elizabeth Austin is a poet, photographer, and visual artist. She holds an MFA in Creative Writing from Vermont College of Fine Arts. Her work has appeared in the *Schuylkill Valley Journal*, *See Spot Run*, *Foliate Oak*, and *Driftwood Press*, and has been featured in a collaborative exhibit with photographer Sarah Jane Sanders at the Norton Center for the Arts. She currently lives in Newtown, Pennsylvania with her two children.

Mother

When the dishwasher is full, I will press the glowing green button labeled heavy. The labor of the motor and the water’s rush. And when you break my heart, I will wake up the next morning and pack my son’s lunch folding slices of bread over smears of peanut butter and blackberry jam, apples sliced thin and rubbed with lemon, compartments of clear plastic sealed with strange zippers. I will walk my son uphill to the bus stop, face to the wind, his hand clasped in mine, I’ll be the one waving at the corner as he’s off on his own for another day. When the laundry spills over the lip of the hamper I’ll fold it, it’s me catching hoodies and socks as they tumble, it’s me heaving loads of clothes from washer to dryer and up the stairs, pressing start on every machine in the house, me at the bus stop in the afternoon and me trimming strawberries to be piled alongside twists of pretzels, juice box on the left as my son sits down to homework, me with the wooden spoon stirring sauce or swatting hands away from the stove’s heat, me running around the block after the sun has set, trying to catch my breath and not wanting to stop, wanting to run myself out of my own skin.

Friday, April 13
7:30 pm
Zlock Auditorium
Newtown Campus

Sponsored by the Cultural Programming Committee.
Reading is free and open to campus and community. For more information: Dr. Ethel Rackin 215.497.8719

Wordsmiths Reading Series presents
Brenda Hillman
reading with *Elizabeth Austin*



Brenda Hillman is the author of nine collections of poetry: *White Dress*, *Fortress*, *Death Tractates*, *Bright Existence*, *Loose Sugar*, *Cascadia*, *Pieces of Air in the Epic*, *Practical Water*, for which she won the LA Times Book Award for Poetry, *Seasonal Works with Letters on Fire*, which received the 2014 Griffin Poetry Prize and the Northern California Book Award for Poetry and most recently *Extra Hidden Life, Among the Days*. Among the awards Hillman has received are the 2012 Academy of American Poets Fellowship, the 2005 William Carlos Williams Prize for poetry, and Fellowships from the National Endowment for the Arts and the Guggenheim Foundation. A professor of Creative Writing, she holds the Olivia Filippi Chair in Poetry at Saint Mary’s College of California, in Moraga, California. Hillman is also involved in non-violent activism as a member of the Code Pink Working Group in the San Francisco Bay Area. In 2016, she was elected a Chancellor of the Academy of American Poets.

Girl Sleuth

A brenda is missing – where is she?
Summon the seeds & weeds, the desert whooshes. Phone the finch with the crowded beak; a little pretenda is learning to read in the afternoon near the cactus caves. Near oleander & pulpy caves with the click-click of the wren & the shkrrrr of the thrasher, a skinny pretenda is learning to read till the missing brenda is found. Drip of syllables like olives near the saguaro. Nancy Drew will find the secret in raincoats & wednesdays & sticks. Nancy whose spine is yellow or blue will find the brenda in 1962, Nancy who has no mother, who takes suggestions from her father & ignores them.

Gleam goes the wren ignoring the thorn. They cannot tell the difference. Click of the smart dog’s nails on linoleum. Nancy bends over the clues, of brenda’s locket & dress. Word by word between syllables a clue. Where has the summer gone, the autumn– are they missing too? Maybe Nancy will parse the secret & read the book report on Nancy Drew: “neat pretty sly cute.” Syllable by syllable & still no brenda! Nancy puts her hand to her forehead; is the missing girl in the iron bird? is the clue to the girl in the locket?

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Entertainment

Awesome Mix, Vol. 5: Herstory

When music is the soundtrack to your life, you don't put crappy songs in the queue. That's why we're giving you Awesome Mix, an award-winning column that's exactly what it sounds like. In every issue, you'll get a unique playlist full of songs that are actually worth getting stuck in your head. Your earbuds will thank you.

NICOLE “NICO” CISNEROS
Centurion Staff

March is the month of many awesome things: St. Patrick’s Day, First Day of Spring (though it did NOT feel like it), Free Rita’s Day, and, the holiest of days, my birthday. But above all, March is Women’s History Month. Haters will say that, like Black History Month and any other cultural recognition month, we don’t need a women’s history month. We’ve got the vote, we can work or not work, we’ve made it! Well, not yet. Like those other aforementioned months, this is a time to recognize a part of our society whose oppression has resulted in consistent dismissal of their personhood and contributions both historically and currently. It’s also a time to amplify those voices that are doing what they can for community now, and to celebrate the fact that this “minority” is not only surviving, but thriving despite all that is done institutionally and socially to keep us down.

Music may be the universal language, but the music world isn’t immune to sexism and misogyny. So this mix is to celebrate the ladies who are making waves by making noise in the most popular genres.

Group/Band: Girl in a Coma, Say

We ladies are best when we stick together, and this band is proof. Sisters Nina and Phanie Diaz teamed up with their friend Jenn Alva to become San Antonio’s breakout indie rock band. They even managed to impress living legend Joan Jett so much that she signed them to her Blackheart Record label. And this was the single that started it all.

Rock: St. Vincent, Birth in Reverse

Another Texan makes the list! Annie Clark, a.k.a St. Vincent, is clearly influenced by the likes of Bowie and the Talking Heads, but she has made her music her own with her growling guitar riffs and lyrical focus on the digital age and being a woman. Both her focuses combine here, as she ruminates on life as a lady today in America. I swear she’ll be one of the handful of musical legends of our age.

Pop: Dua Lipa, New Rules

Do I want to sound like a hipster when I say what I’m about to say? No. Am I going to? Probably. So here it goes: I heard this song the summer before the radio put it on blast and played it out. I refuse to listen to it on the radio so I can still cherish it as the poppy situation-ship anthem it was intended to be. Listen and adore.

Alternative: Mitski, Happy

You know you’re listening to something remarkable yet out there when the singer starts personifying an emotion as a lover who ghosts frequently. It’s one hell of an imaginative way to describe just how fleeting happiness can be-- and Mitski’s just the artist to do it.

Musical: Renee Elise Goldsberry, Satisfied

I will always thank Lin Manuel Miranda for bringing this woman into my life via her role as the outspoken yet dutiful Angelica Schuyler in Hamilton. I will never forgive him for cutting “Congratulations” from the show, robbing us of yet another raw, powerful solo from such a fierce performer. Still, you get that Renee means business in this song. (And for those wondering, yes, you can find “Congratulations” performed by Renee on YouTube.)

Rap: Sa-Roc, Forever

The first 3 bars in this song should not only set the tone for what you’re about to hear, but hopefully for your day— and maybe your life: “When I wake up, no makeup, half naked, I feel like I’m the sh**/Pardon my language, but hang ups do not define the kid/ No, I’m not flawless, I’m scarred up and I’m fine with it.” As somebody who isn’t down with all these poppy “empowerment” anthems (think Katy Perry’s “Roar”), this is one empowering testimony I can get down with. She and Busta Rhymes could— and should— go toe to toe.

R&B: Jamila Woods, Holy

Another testimony I appreciate: “I’m not lonely, I’m alone/And I’m holy/By my own.” Jamila’s work is all about the beauty of the neighborhood she’s grown in, the relationships she’s had, and her own inner monologues, like this one. This song’s important for reminding all people, especially women, that you’re valid even in a world that discounts you. Her album HEAVN is constantly on my rotation, and I can’t wait for

her follow-up.

Country: Margo Price, Hands of Time

Margo Price has been through it. Not only did she witness her family lose their farm and survive her own addictions, but she’s lost a child. This heart wrenching story is handled here with the calm clarity of a woman who has nothing left to lose, and everything to give. She’s continuing the tradition of great country storytellers, like Loretta Lynn and Johnny Cash before her. Her whole album, Midwest Farmer’s Daughter, is worth your time even if you aren’t crazy for country.

Folk:Dog Years, Maggie Rogers

To be truthful, Maggie Rogers’ folk is not the typical, sparse, stringy folk you’re used to from the likes of Mumford & Sons or Avett Brothers. Maggie layers hers richly with R&B rhythms, giving folk a modern edge with-

out taking away from its earthy aesthetic. The title may seem funny, but the song, like Maggie herself, is sincere. That should be her subgenre: sincere, future folk.

Timeless Diva: Whitney Houston, I Will Always Love You

I’m unsure if anybody else randomly misses Whitney Houston like I do, but some days it just gets me that we lost such a legendary talent to some very personal demons. This is her signature song, and rightfully so: it’s a masterful display of her vulnerability and vocal power (hello, that last chorus?!). So please, listen and unabashedly belt it out at the top of your lungs. We’ll always love you, Whitney.

Listen to the ladies on Spotify by searching “AM#5_Herstory”.



Join the Bucks Book Discussion Group!

MATTHEW AQUINO
Centurion Staff

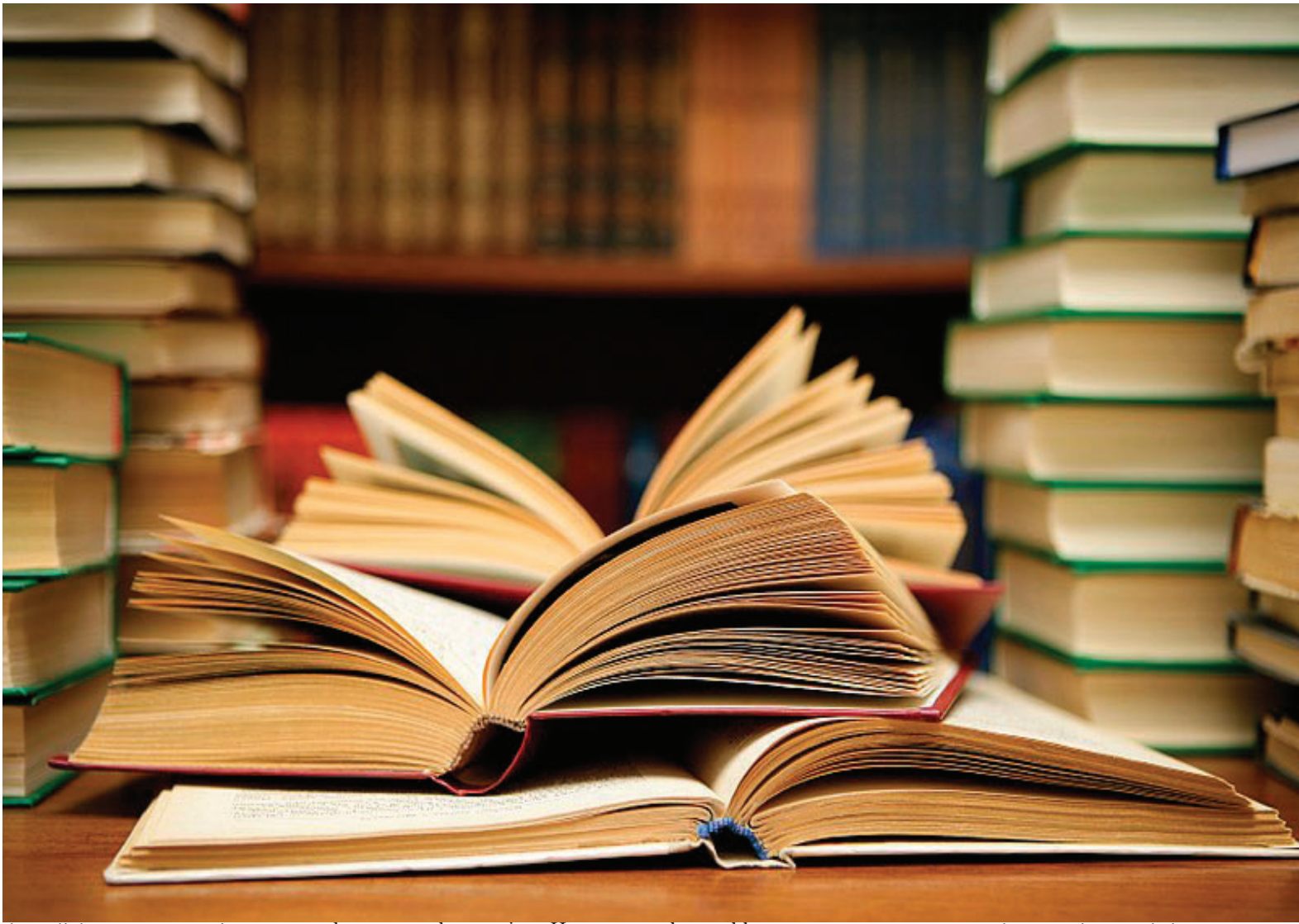
There’s something great about sitting down and getting into one of your favorite books and escaping reality just for a minute. Have you ever wanted to share your thoughts and experiences with literature? Look no further than the Book Discussion Group led by Professor Michael Hennessey.

Michael Hennessey is a professor in the Language and Literature department at Bucks. He has been working at the school since 1998 and started participating in the Book Discussion Group even before then. He has been a member of the group for around 25 years.

Hennessey jokingly explained he’s been into literature since being delivered as a baby, but really got into literature in high school. Books like the Hardy Boys series and A Portrait of the Artist as a Young Man by James Joyce caught his attention. The book discussion group was founded in 1988 and is still going strong 30 years later.

The book discussion group meets every second Thursday of each month and meets in both fall and spring semesters. The group meets in room 114 in the Rollins Center located near the Student Life Office. The book discussion is open to the public so Bucks students can bring a friend or family member if they would like.

There is a link on the Bucks main website for the Book Discussion Group with the current schedule. If an individual scrolls down they will see “Get Involved” in bold and white. Under



that, click Arts + Entertainment and then on the right of the next page, click Book Group and you will be brought to the schedule and how to contact Professor Hennessey for questions.

When asked who picks the books discussed in the group Hennessey replied, “It’s done as a group, everyone comes with suggestions of what they want to read and we all have a vote like a democracy.” When asked what

happens at the meetings Hennessey stated, “The person who picked the book comes with a question and then in no time a discussion breaks out.”

Hennessey explained the group discusses various things like psychological motives from characters you read about to the style of writing and even discussions about related experiences to the literature read. Members will read an array of stories from all over

the world.

When posed the question, “Why should students at Bucks join the book discussion group?” Hennessey replied, “It’s a good way to see people’s perspectives on things and I think it helps develop toleration and empathy.”

“Everyone encounters conflict in life and there is usually always conflict in works of literature and an individual can learn from that by relating their own conflicts to

the ones they read about.”

Hennessey also stated that many people don’t get the chance to travel but through books you can travel throughout the world. “Literature is the easiest and least expensive way to educate one’s self.”

So, check your schedules and get down to the book discussion group you won’t regret it!

Student Life

Bucks’
Lemon
Club
Wants
You To
Dance
For A
Cause

NICOLE “NICO” CISNEROS
Centurion Staff

One of Bucks’ newest clubs is asking students to get down for a good cause. The Lemon Club, which started in the fall of last year, works to host events to benefit Alex’s Lemonade Stand Foundation, which funds childhood cancer research and hospital programs. And they’ll be hosting their first fundraiser this April: a 6-hour dance marathon.

If “dance marathon” sounds familiar to you, maybe you saw one on “Gilmore Girls”. Or maybe you’re familiar with THON, the hugely popular fundraiser at Penn State that not only brings in millions of dollars to the Four Diamonds Fund and Penn State Hershey Medical Center, but is also consistently listed as the top dance fundraiser by the likes of College Magazine and USA Today.

Thon was part of what inspired the club to ambitiously choose a dance marathon as their first event, according to Lemon Club president Nico Albertson. “The dance marathon has been planned since the very beginning. We want to bring a strong presence of community to our college. We are no different compared to a 4 year college academically, so why should our events be?”

Truly a dance marathon is not the typical fundraising event for a community college, but for the Lemon Club seems more than up to the task. Food and drinks are planned, as are door prizes. There are even shirts at the ready to be given out on a first come, first serve basis.

It is also clear that the Lemon Club believes in why they’re hosting the event. “My hope for this event is to make a difference,” Albertson said. “I want the people who come to the event to feel like they are making a difference, because they are.”

Students who’d like to attend this unique event can purchase tickets with cash any Tuesday or Thursday from 11:30 a.m. to 1:30 p.m. at the Lemon Club table next to the Gallagher Room. Students purchasing tickets with card can go to <http://tickets.bucks.edu/first-annual-lemon-club-dance-marathon>. The event will be Saturday, April 7, 2 p.m. to 8 p.m.

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Students coming in buses can be dropped off at the entrance to the college’s Gateway Center (building 26 on the campus map). Buses should park in student parking Lot C (see campus map). Individual visitors attending the forum can park in the visitor’s parking lots or also in Lot C.
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Sports

Bucks Golf Team Tees Up For a Hopeful Season

KEVIN KAUCHER
Centurion Staff

The Bucks golf team is getting ready to kick off their spring season and things are looking bright. This team for Bucks is ready to compete again and go for gold. The season will begin on Wednesday, April 4, so get ready for it because it's definitely going to be a good one.

Coach Bradshaw, professor of kinesiology and sports studies, has been coaching Bucks for 16 years and likes his chances this season and believes it will be a special year.

He says that they potentially have five players who could post scores in the 70s so that is very good for the team and it looks like they will be very competitive because of that.

Professor Bradshaw wanted to be coach for the golf team because of his love for the game. With the dedication and hard work he puts in, the team is looking to reward him now with a trophy at the end in Nationals.

Coach Bradshaw says his best trait is, "Motivation, understanding our student athletes and helping them succeed, which is very important because I want to be a good role model and a good mentor."

Coach Bradshaw is expecting John Buliga to be one of the best players for the team. He is the only returning player from the



winter, everyone else is in their first spring season.

He says that Buliga's best trait is, "His consistency that he has out there on the golf course. He stays composed out there and does what he needs to do to help his team win every time."

Buliga was third in the region and ninth in the nation so he will be depended upon big time. However, the team is expected to be very well rounded and all the

players should do really well.

Coach Bradshaw said that he thinks, "Anyone can be the number 1 player. That's saying a lot considering how good Buliga is and what he has shown to be."

"This team should qualify for Nationals," says Coach Bradshaw who is very confident with his team this semester.

Coach Bradshaw says that he believes that all of the teams are very good in the NJCAA region 19, but he's ready for the chal-

lenge and he thinks that this team is up for it.

Bradshaw says, "The game plan is always the same, see who is eligible, then develop from there". It sounds like a good game plan for the team and it has definitely been working out for him and hopefully that continues.

"We usually do well against good competition," says Coach Bradshaw. He believes that no matter how much adversity and how tough the competition is this

team is ready to take it head on and they are ready for anything.

They practice at Five Ponds five days a week to prepare for the season and to get ready for it. This team has been looking very good and in Coach Bradshaw's eyes, the practice will most certainly pay off.

The season ends after Nationals in June so hopefully the Bucks team will be there until the end.

Villanova Wins National Title



KEVIN KAUCHER
Centurion Staff

Villanova won their second championship in three years, defeating the Michigan Wolverines by a score of 79-62. They played yet another outstanding game to accomplish this feat against a very good team in Michigan.

Sophomore Donte DiVincenzo, who won Most Outstanding Player of the game, will go down as a real hero. He scored thirty-one points and was one of the biggest reasons why the Wildcats picked up their third championship in school history.

DiVincenzo played an outstanding game that will go down as one of the greatest performances in National Championship history.

The game started off pretty tough for Villanova as the score got to a 21-14 Michigan lead at the 11 minute mark. Which wound up being the Wildcats biggest deficit of the half as they stormed back into the game pretty quickly.

Michigan was playing tough rugged defense which made it hard for Nova. But that didn't stop the Wildcats from getting back into it. They went on a 9-0 run to take the lead 23-21 at the 6:08 minute mark with the help of DiVincenzo's three-pointer.

When Michigan tied the game at 23-23, Villanova got a couple free throws taking the lead by two and never looked back after that. They finished the half on fire with the score at 37-28. Villanova finished that first half phenomenally and Michigan just couldn't keep up.

The second didn't look much different, Villanova dominated and looked like the best all-around team in the nation. A look they've donned for most of the season.

Villanova started off the second half with a 9-2 run to make it 46-32 at the 17:15 mark of the second half. Michigan, with no answer for this dominating Wildcats team, seemed unable to catch up to them.

Nova's offense was too much to match and by the last eight minutes of the game, the eighteen point lead was too much for Michigan to bear.

The game ended by a score of 79-62 in a dominating fashion which made it that much sweeter.

Jay Wright will also go down as one of the greatest coaches in College Basketball history with two National Championships on his resume now. There are only two active coaches with more titles than him right now and that's Roy Williams, the coach of North Carolina with three, and Mike Krzyzewski, the coach at Duke with five.

Those are two of the greatest coaches in the history of men's college basketball so for Jay Wright to be in the same conversation as them and to join them as the only active coaches with multiple titles is an amazing feat for Coach Wright and definitely something to be proud of forever.

Villanova had a great season in a whole with a final record of 36-4 ending on an eleven game win streak that earned them a one seed in the tournament. They took full advantage of it and showed why they deserved it throughout the tournament by blowing teams away and ultimately blowing out Michigan in the Championship game.

It was a great season for Villanova and a great way to cap it all off. Good luck to the team next year and we'll see if they can bring another title to Philly.


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