

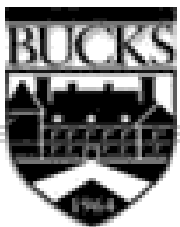
The Centurion

All the news--about Bucks--that's fit to print.

The week of October 20, 2008

www.bucks-news.com

Volume: 44 Issue:4



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WEATHER

Tuesday: A slight chance of showers. Mostly cloudy, with a high near 62.

Wednesday: Mostly sunny, with a high near 53.

Thursday: Sunny, with a high near 54.

Friday: Mostly sunny, with a high near 60.

Friday Night: Partly cloudy, with a low around 45.

Saturday: A chance of rain. Mostly cloudy, with a high near 63.

Saturday Night: A chance of showers. Mostly cloudy, with a low around 48.

Sunday: A chance of showers. Mostly cloudy, with a high near 61.

WEATHER COURTESY OF THE NATIONAL WEATHER SERVICE.

Wrapping-up construction

Students have had to deal with the percussion of hammers, drills and back-up beeps of equipment. Thankfully, the din is almost over.

BY DAVID NONINI
Centurion Staff

The construction taking place around the Bucks campus is winding down, with most of the projects being completed within the next few weeks.

One of the more noticeable projects nearing completion is the Student Life Clubs and Organizations offices, situated at the top of the stairs in Rollins.

That location was formerly occupied by the Transfer and Career Counseling offices.

The home for Clubs and Organizations has been bounced around several times since, making way for the Testing Center. Temporarily, they were situated near the Fireside Lounge.

"[The clubs] are excited," said Student Life Director Matt Cipriano. "The Clubs and Organizations have been very patient and understanding throughout all our renovations."

In addition to offices, the new

space will house meeting areas for smaller club gatherings. The Student Life conference room, located next door in SLIC, will still be used for larger groups. Storage space for the clubs is also part of the renovation, including computer stations for the clubs to make flyers detailing campus events.

Cipriano feels the new location will lead to an increase in club membership on campus. "This space renovation is the perfect location for them to get noticed. It is common knowledge that the more visible you are, the more likely people will try and connect with you. You can't get much more visible than the top of the stairs in the Rollins Center."

There is no set date yet as to when the clubs and organizations will move in to their new space, but Cipriano hopes it will take place by mid-November. "I hope that this renovation will



PHYSICAL PLANT USES A RECIPROCATING SAW ON THE QUAD.
PHOTO BY KISHA LOWENTHAL

show how important the college considers student involvement and clubs and organizations," he said.

Another visible project to students is the renovation of the

library lobby.

Mark Grisi, executive director, physical plant, said that this was

Continued on page 2

Candidates clash for the last time

BY SARA MCBRIDE AND
KEVIN YORKE
Centurion Staff, Sports Editor

Hofstra University hosted the third and final presidential debate on Oct. 15.

Moderator Bob Schieffer, CBS News' Chief Washington correspondent, had an easier time keeping the candidates in line than past debate moderators.

Candidates were generally respectful of one another with only a few interruptions and smirks. The major points were taxes and the economy, health care, education and alternative energy.

McCain first responded to an oil crisis question by declaring that America needs to eliminate dependence on imported oil, specifically the Middle East and Venezuela. "Canadian oil is just fine," he said.

McCain believes that nuclear energy is a resource America should take advantage of. He advocated building 45 "clean nuclear power plants."

McCain wrapped his point by saying, "So the point is with nuclear power, with wind, tide,



solar and natural gas, with the development of flex fuel, hybrid and clean-coal technology. Clean-coal technology is key in the heartland of America that's hurting rather badly."

Obama said he estimated a 10-year time frame to eliminate foreign-energy dependency. Obama believes that the focus should be

on solar, wind, biodiesel and geothermal resources in the U.S., which he says could also create thousands of new jobs.

Health care has been a topic plastering TV screens for the past two weeks.

And the candidates were in bitter disagreement over the "right direction" for the future of

health-care related costs. They highlighted the key points to their healthcare plans, but they spent more time tearing each other's plans apart. Obama said that McCain did not have a clear explanation of how his \$5,000-health care credit would work, and that his plan was detailed on his campaign website. Obama's health care plan is to allow those who already have health insurance to continue with whatever plan they have, while having those who do not have health-care tap into the federal health care plan he, and other government officials, are privy to.

"The only thing we're going to try to do is lower costs so that those cost savings are passed onto you," he said. He also said he wants to eliminate insurance companies from excluding coverage to those with preexisting conditions and provide them a low premium, therefore having the costs negotiated with drug companies. He plans to fund preventive care for chronic illnesses, such as diabetes and

Continued on page 11

Pain at the pump ups online enrollment

BY CHRISTIAN
PANNAPACKER
Centurion Staff

The high cost of gasoline is apparently driving more students to take online courses at Bucks.

Compared to 2007, there has been an increase in students taking online courses in every semester of 2008.

For instance, there was a 35 percent rise in students taking online courses in the first summer session of 2008 compared to last year, and a 32 percent increase this fall compared to fall 2007.

The increase coincides with increased fuel prices during 2008. From January to May of this year, the average price of gasoline rose from about

\$3.10 a gallon to nearly \$4 a gallon.

Georglyn Davidson, the director of online learning, said that while no official survey has been done, information gathered by word-of-mouth indicates the increased cost of gasoline is the main cause for the increase in online course enrollment. Online courses can be taken from home.

Davidson has started using the benefits of saved fuel costs to promote online learning. At the online learning website, bucks.edu/online, there is a link to a fuel savings calculator, which is just to the right of their new promotion slogan, "Fuel your mind... not your ride!" Online courses are offered in eLearning

and Hybrid formats. Hybrid courses have some on-campus class sessions replaced with online components, while eLearning courses are entirely online except for one on-campus orientation meeting. Bucks offers more than 150 separate eLearning courses, making it possible for a student to obtain any of 10 different degrees—entirely through online learning. Additionally, online courses offer a greater variety of class start dates and section lengths, making online learning more flexible and convenient for students.

Despite the benefits of online learning, Davidson warns that it is not for everyone. She explained that some students learn better when

they can talk to professors face-to-face. The online learning program encourages interaction between professors and their students using online forums and e-mail, but it cannot replace all the aspects of being in an actual classroom.

"If [the students] are not successful, then it didn't do them any good to save their money on gas," she said.



Campus renovations are nearing completion



PHYSICAL PLANT FIXES CEILING
PHOTO BY KISHA LOWENTHAL

black. In addition, a curved metal ceiling, similar to the one on the first floor, is being installed.

Counters will be set up along the wall in the lobby as a place for students to do work and use laptops. There is also going to be a display set up for brochures about the campus.

However, this renovation has caused some students frustration. "They should re-route traffic so that they don't get in the way of the construction crews. If I was working, I wouldn't want people walking through," said 20-year-old Matt Rumpf.

Among the other projects nearing completion is the replacement of the steam line near Hicks. The last piece of the line is being installed and all of the pipes are in the ground. This steam line provides heat and hot water to the older structures on campus, including the cottages and Tyler.

In this system, steam is produced in the boiler house and pushed through a series of pipes by pressure to provide heat to the buildings. A by-product of this steam is condensate, which then becomes hot water for use in the restrooms.

The revamping of the campus' electricity system is nearing completion. The installation of an emergency generator behind Founders and Penn is almost finished, part of a two-fold plan that includes an additional generator outside of Pemberton, which has already been completed. The generators are designed to provide power to the building's lights in the event of a power outage, allowing for orderly evacuations in an emergency.

The rewiring of the exterior

parking lights is 95 percent completed according to Grisi. The rewiring has created more lighting grids than the previous layout, allowing only the sections of the campus that are in use to be lit. The rewiring was designed for better control and energy efficiency.

Besides the clubs and organizations offices, Rollins has been undergoing roof renovations, along with Founders.

Grisi said that the roof was down, and that the metal work was now being completed. Flat coping, a protective edge, is set

to be installed. The roof is supposed to be completed in the coming weeks. Additionally, the renovation of the Rollins' bathrooms has been completed.

The next construction projects to take place at Bucks won't occur until winter break. During that time, the third and fourth floor classrooms of Penn will be renovated. The renovations will involve cosmetic changes, such as carpeting, ceilings, lighting and painting. Some new furniture will be installed, including the switch from chalkboards to whiteboards.

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an effort to match the lobby's appearance with that of the first floor.

Decorative painting will take place, with the exposed concrete in the ceiling being painted

Centurion Publication Schedule

The Centurion is published weekly on Mondays.

Deadline for advertising is **noon** on the **Wednesday** before publication.

Publication dates for the fall 2008 semester are as follows:

(dates may be subject to change)

10/21	11/11
10/28	11/18
11/5	12/9

THE CENTURION

Bucks County Community College's Student Newspaper

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Letters should be limited to 300 words. They will be edited for spelling and malicious or libelous statements, and may be edited for space. Letters must be the original work of the writer and must be signed. For identification purposes, letters must include the writer's full name, address, and telephone number, although the address and telephone numbers will not be published.

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Centurion
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Official Member
2006-2007



Low-cost childcare, high-class education

BY DANIELLE EMERY
Centurion Staff

The Early Learning Center (ELC) offers parents exceptional child care services at a low cost.

The 39 children enrolled at the ELC can be seen happily strolling around campus with their teachers everyday. Inside the ELC, kids are busy enriching their math, science or music skills.

The ELC, behind Penn and in front of the portable classrooms, is a place where stu-

dents as well as faculty can provide top-notch care for their children while they are either working or in class.

"We try to meet the highest quality standards," said Dee Short, director of the ELC, "and so far they have done just that."

The ELC is accredited by the National Association for the Education of Young Children and has received four keystone stars, which is one of the highest honors in excellence in learning.

The ELC is open to children

from 2-to-5-years-old. For the students' benefit, they have four main teachers, and five part-time teachers.

The care costs a low hourly rate for however long your child needs to be there during the hours of 7:30 a.m. to 4:30 p.m.

There are myriad things for children to do in this program. Short said the ELC likes the children to participate in many open-ended activities, which are usually organized by a daily schedule. These can range from pre-reading to cooking, walks around campus and playing on one of the two playgrounds.

Parents are also encouraged to get involved with their child's education. They are always welcome to drop by the ELC and share a lunch with their little student. Or sometimes parents can come by and read books to the class. Either way, parent involvement is part of a superior program.

But parents of the students are not the only ones who get involved with the ELC. Students at Bucks are also participating in classroom activities there. A Children's Literature class requires its students to read books to the children in the ELC; it is also a classwork requirement for several different classes.

"We believe in keeping them healthy and safe," said Short, adding that another point of the ELC is to have



THE KIDS AT THE ELC PLAY ON THE PLAYGROUND (BOTTOM) PLAYING DRESSUP
PHOTO BY KISHA LOWENTHAL



fun.

Some of the new fun activities are made possible by a grant from PNC, intended for enrichment activities that include a visit to the Philadelphia Zoo and Philadelphia Insectarium. The students also get to enjoy musicians and a puppet show.

A daycare center like this seems like it would burn a huge hole in most parent's wallets. But when compared to several other daycare centers in the Newtown, Langhorne and Doylestown areas, the ELC is least expensive. No fees are required at registration, parents are

billed once per semester and costs vary by child's age. All registrants are charged a \$2.50 insurance fee.

The toddler and preschool program registrants are charged a \$25 application fee; toddler tuition for the current semester is \$3.75 per hour, with a maximum daily rate of \$20. Preschool tuition for the current semester is \$3.50 per hour, with a maximum daily rate of \$19.

Drop-in tuition for the current semester is \$4.25 per hour, with a maximum daily rate of \$21.

For more information, visit the ELC's website at bucks.edu/ELC.

McKee in reading series

BY KRISTEN WALSH
Centurion Staff

Celebrated author Steve McKee will discuss his latest book, a memoir entitled "My Father's Heart: A Son's Journey" on Friday, Nov. 7 as part of the colleges' Wordsmith Reading Series.

The memoir is an insight of the loss of McKee's father, John, after he succumbed to heart disease when the author was 16. Throughout the book, the author expresses his feelings and efforts to deal with the loss of his father, and to deal with the effects of heart disease.

The book features a picture of McKee with his father when he was a young boy. This stirs the emotions of the reader because on that fateful evening in 1969 when his father died, it was just the two of them home.

"My Father's Heart" started as a college-writing assignment when McKee was a student at De Sales University.

It took off into a pair of articles for the Wall Street Journal, and was featured in the health section of The

Washington Post.

His book has been featured on The Today Show, The Washington Post, and on Weekend Edition with Scott Simon on National Public Radio.

McKee's official website, steve-mckee.com, said, "In 2005, after a lifetime spent trying to avoid his father's fate, Steve learned that he, too, has serious heart disease." As a result of this, many of his other appearances have planned heart-friendly meals.

Reviews for his work have been well-received.

Kirkus Reviews said the book was "Homage to love, perseverance and the pursuit of longevity."

LibraryJournal.com highly recommended the book for memoir readers.

McKee plunged into writing when he was a journalism student at the University of Alaska-Fairbanks.

He later spent 14 years at The Wall Street Journal, covering the Olympics in Salt Lake City and the recent games in Beijing.

He is currently an editor on

the Wall Street Journal's global copy desk.

The author has also penned two books focusing on a genre the author loves: sports.

In "The Call of the Game," he traveled the country attending sports events as big as the Super bowl to lesser-known events such as the national tiddlywinks championship.

His other book, "Coach," is an oral history from coaches of different sports at all different competition levels.

McKee lives in York, Pa., with his wife, Noreen and his 17-year-old son Patrick. Among his interests are reading novels about history and the 11-book series Horatio Hornblower, and keeping fit by working out. He recently competed in a triathlon with his son.

For more information about the book and McKee's life, attend the reading on Nov. 7 at 7:30 p.m. in the Orangery. Admission is free. Contact Elizabeth Luciano at (215)968-8395, lucianoeb@bucks.edu or Chris Bursk at (215)968-8156, or burskc@bucks.edu.

Fort Dix terrorist plotters go on trial

By The Associated Press

CAMDEN, N.J. — Al-Qaida and Osama bin Laden inspired five New Jersey men to plan an attack on the Army's Fort Dix, a prosecutor said Monday during opening statements in the terrorism trial.

The government has presented the case as one of the most frightening examples of homegrown terrorism since the Sept. 11 attacks.

Authorities say that in 2006 and 2007, the men turned paintball games into terrorist training sessions and met at places like Dunkin' Donuts to discuss killing soldiers on the Army installation in New Jersey. No attack was carried out. "Their motive was to defend Islam. Their inspiration was Al-Qaida and Osama bin Laden.

Their intent was to kill members of the United States armed services," Deputy U.S. Attorney William Fitzpatrick told the jury of eight women and four men.

Fitzpatrick said the jury would see jihadist videos that the defendants watched and would learn many details of the alleged plot, including assertions by the government that one the men went on reconnaissance missions at Fort Dix and other military installations.

The men, all foreign-born Muslims in their 20s, are charged with attempted murder, conspiracy to commit murder and weapons offenses.

Their lawyers are expected to question the role of two paid government informants who made hundreds of hours of secret recordings in the case. Fitzpatrick tried to hedge against such criticism on Monday.

He said the FBI had to find people who would have credibility with aspiring terrorists; one of the informants was interested in citizenship and the other was interested in money, he said. The trial is expected to last into December.

Race to the White House: The Issues

IRAQ AND IRAN

BY JOHN SKUDRIS
Managing Editor

It's been more than five years since the United States invaded Iraq in March, 2003. After half-a-decade of warfare, a majority of Americans now feel that we made the wrong choice going to Iraq and it's time to pull out. This issue has faded a bit in the minds of voters due to the economic crisis, but it's still right up there at the top of the list of important issues.

Just as important to the safety of our country is the situation in Iran. The possibility of Iran developing nuclear weapons not only affects us, but it affects the entire Middle East and Israel.

More than 4,100 U.S. soldiers have been killed in Iraq since the war began. But, that hasn't deterred John McCain from being completely adamant about staying in Iraq for the long haul. McCain voted in 2002 for the use of military force in Iraq. He has said that it doesn't matter how long troops are in Iraq, and that they could be there for over 100 years, as long as there is no violence. In fact, McCain was one of the earliest proponents of the surge method that has

stemmed the violence in Iraq.

McCain has said many times that withdrawing troops before the job is finished would be considered a failure. During a speech in May, McCain predicted the state of the world after his first term. "By January 2013, America has welcomed home most of the servicemen and women who have sacrificed terribly so that America might be secure in her freedom. The Iraq

war has been won. Iraq is a functioning Democracy, although still suffering from the lingering effects of decades of tyranny and centuries of sectarian tension. Violence still occurs, but it is spasmodic and much reduced."

Sen. Barack Obama has always been against the war. In 2002, he made a statement against the invasion. "I know that invasion of Iraq without a clear rationale and without strong international support will only fan the flames of the

Middle East and encourage the worst rather than best

diplomats, and supporting the Iraqi security force.

The candidates' stances on Iraq couldn't be farther apart.

McCain wants to stay until the job is finished; Obama wants to complete the War on Terror.

Iran says it is enriching uranium as part of a burgeoning nuclear energy program, while the U.S. and other countries have called on Tehran to halt the enrichment program, which could also be used to build centrifuges for nuclear bombs.

Both McCain and Obama did not vote in a 2007 senate resolution to declare the Iranian Revolutionary Guard as a terrorist organization.

McCain has said that military action is an option against Iran, but he would consult with congressional leaders before taking action. At a 2007 campaign appearance in South Carolina, McCain joked about bombing Iran. Upon being asked about a possible military invasion

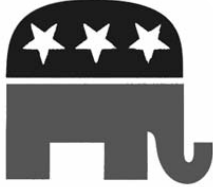
of Iran, McCain responded with a joke. "That old, eh, that old Beach Boys song, Bomb Iran," which elicited laughter from the crowd. McCain then chuckled before briefly singing — to the tune of the chorus of the Beach Boys' classic "Barbara Ann" — "Bomb, bomb, bomb, bomb, anyway, ah"

Obama believes that diplomacy is the best first course of action. He has said that he would meet with leaders of nations such as Iran, Syria, Venezuela, Cuba and North Korea during his first year of the presidency. He has said that a military option is on the table, but it is indeed the last option.

As of now, the economy is on the front page of this campaign, but it won't take much for foreign policy and the war to retake the attention of America.

Once the polls have closed and the election is over, our next president will have his hands full with two wars and perhaps more conflict on the horizon. Obama and McCain's views on these foreign policy issues couldn't be any more contrasting, and it's up to the voters now to decide what course of action our nation takes.

This election has been stamped as a mandate between "change" and "experience." But what many young voters don't know is the issues that will be affecting their lives. In the coming weeks, The Centurion will dissect the key issues, showing where John McCain and Barack Obama stand.



EDITORIAL

SGA President John Skudris says we should ignore ugly GOP accusations

BY JOHN SKUDRIS
Managing Editor

As I sit here writing this editorial, there is a Republican congresswoman on "Hardball with Chris Matthews" attacking liberals as being anti-American. Minnesota Representative Michelle Bachman is stating that Barack Obama and liberals in Congress are on a mission to bring down America and destroy of great country.

Is this completely disgusting to anyone else? In fact, John McCain's campaign is sending out calls to swing states saying that Obama and the Democrats are in cahoots with terrorists. How can a man that claims to be proud of his country and claims to put "country first" attack one of the greatest American stories in history by saying that he, and the rest of the liberals in our country, are terrorists?

Bachman said during the interview that, "The people Barack Obama associates with are anti-American." When asked whether or not

she believed that all congressional liberals were anti-American, she dodged the question. "You'd have to ask them. What I would say is that the news media should do a penetrating expose and take a look."

Mathews wouldn't allow her to get away so easily. Upon stating that liberals and leftist thinkers are supporters of terrorism, Bachman was hard-pressed to answer whether or not she truly believed that the 30 percent of Americans who identify themselves as liberal are terrorist sympathizers. She didn't answer the question.

This is just another roundabout of Republican hatred spewed out during election years. In 2004, they called John Kerry a weak liberal who would let the terrorists hurt your loved ones. In 2006, they said that if the Democrats won control of the Senate and House, then we would have another terrorist attack; and now, seven years after the 9/11 attacks brought

us all together as one nation, the Republicans are trying to tear us apart.

After all, that's how they win elections. The Republican brand has become rhetoric of hate and lies. It didn't work two years ago, and God help us let's hope it doesn't work now. Can we really leave our nation's future up to someone with such a lack of judgment that he'd accuse 30 percent of our nation of being terrorists just because they think differently than him?

According to John McCain and the Republicans in office, it's treason to not want to bomb every country that doesn't agree with us. It's treason to support a woman's right to choose. It's treason to believe that we can achieve more through diplomacy than through war. Why do we continue to elect these closed-minded people?

Now, after all of these horrible accusations by the Republicans, retired Army Gen. Colin Powell endorsed Obama this week. A longtime



Republican who was Secretary of State during George W. Bush's first term is breaking with his party to support someone that he believes can change this country for the better.

He's not blindly endorsing McCain because he's a member of his party. He's not accusing his parties' opponent of being "in cahoots" with Osama Bin Laden. Instead, he's standing together with millions of people

who realize that we can't take more of the same.

The Republicans that are spreading their venomous lies about Obama and about liberals in general need to take a note from one of their own.

After eight years of utilizing the tactics of fear to get elected, the Republicans are trying for one last-ditch effort to stop this country from moving in the right direction. Let's not let them stop us.

OCTOBER

Bucks events and listings In the county, in the city

Men's Soccer vs Harrisburg (home) 3 p.m.
All About Me Monday

“That Only You And I Can Know” at Hicks

Men's Soccer EPCC Playoff, Tie Break Time TBA

“That Only You And I Can Know” at Hicks
Lower Bucks Blood Drive 11 a.m.-4 p.m.

“That Only You And I Can Know” at Hicks

“That Only You And I Can Know” at Hicks
Lower Bucks Halloween Dance 7-11 p.m.

Study

All About Me Mondays

Newtown Transfer Fair 4:30-7 p.m.

20 Festival of Fears at Snipes Farm

21 Go pick a pumpkin

22 Underoath/Saosin at the Electric Factory 7:30 p.m.
Phillies at 7 p.m.

23 Last day of the Peddler’s Village Scarecrow display

24 Flyers v. Devils 7 p.m.

25 Flyers v. Devils 7 p.m.

26 Day of the Dead Halloween party at Crocodile Rock

27 Shady Brook Farm Horrorfest

28 Flyers v. Thrashers 7 p.m.

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CROSSWORD CLUES

Across

- 1- Matures
5- Wagers
9- Poles for sails
14- Jump
15- Stravinsky ballet
16- Els with tees
17- Other, in Oaxaca
18- Pianist Peter
19- Triple
20- So much the worse
22- Made of wheat
24- Delicious
26- Long period of time
27- Anew
30- Appearing
35- Slip
36- Asian sea
37- Switch suffix
38- Coal scuttle
39- Transgression
42- Foofaraw
43- Energy units
45- Roof overhang
46- Old stringed instruments
48- Farewel
50- "Honor Thy Father"

- author
51- Floor covering
52- Beastly
54- Protection
58- Third day of the week
62- Mixed bags
63- Latin love
65- Enervates
66- Flat surface
67- Title bestowed upon the wife of a raja
68- Ultimatum word
69- Consumed
70- Dreg; 71- Visionary;

Down

- 1- Immensely
2- "___ grip!"
3- Make
4- Blemished
5- Expel
6- Toss, as one's cookies?
7- Rocky hilltop
8- Reason to cancel school
9- Shooting star
10- Place in order
11- Agitated state
12- Fork feature

- 13- Observed
21- Stroll
23- Backs of feet
25- Capital of Armenia
27- Barbecue leftovers
28- Plants
29- Ribbed
31- Long luxuriant hair
32- Fit to be tied
33- Swellings
34- Farm bird
36- Whence one may worship
40- Exploits
41- Delight
44- Anybody
47- Hero of the Odyssey
49- Norwegian arctic explorer
50- Trouble, slangily
53- Make amend
54- Narcotic
55- First name in scat
56- Decree
57- James ___ Jones
59- Roy's "singin' pardner"
60- Church recess
61- Belgian river
64- Fannie ___;

"CROSSWORD PUZZLES PROVIDED BY BESTCROSSWORDS.COM (HTTP://WWW.BESTCROSSWORDS.COM). USED WITH PERMISSION."

CRYPTOGRAM

R	MQRSZ	VLK'F	ARCC	QNF	ML	JX
KLSX	RS	BSRGTRSV	EXLECX	NSK	DLIENSRXF	
ML	VXM	MQNM	VNF	CRSX	JBRCM,	FL
EUNT	GLU	MQNM.				
-FNUNQ	ENCRS					

Breast cancer docs stress prevention

BY SARA CROUSE AND
JANINE HIPPLE
Op/Ed Editor, Centurion Staff

As a part of Breast Cancer Awareness Month, the Women's Center hosted Breast Cancer Awareness Day on Oct. 16 to a crowd of 75 in the Allied Health Building.

Mary Chalich, nutrition instructor at Bucks, held a lecture to inform listeners of the links between diet and breast cancer. She not only touched on eating habits, but also on physical exercise and menopause, as well as other factors that contribute to or reduce the risk of breast cancer.

"It's hard to pinpoint the cause and effect of breast cancer, but we can take preventative measures to lower our risk of developing it," said Chalich.

An eight-year study has been conducted showing the effects of a low-fat diet as a way to reduce the risk of breast cancer by 9 percent. "I don't want to sound like a 'Debbie Downer' when it comes to diet," Chalich said, "but now we can change our diets for the better."

Those who cut their fat

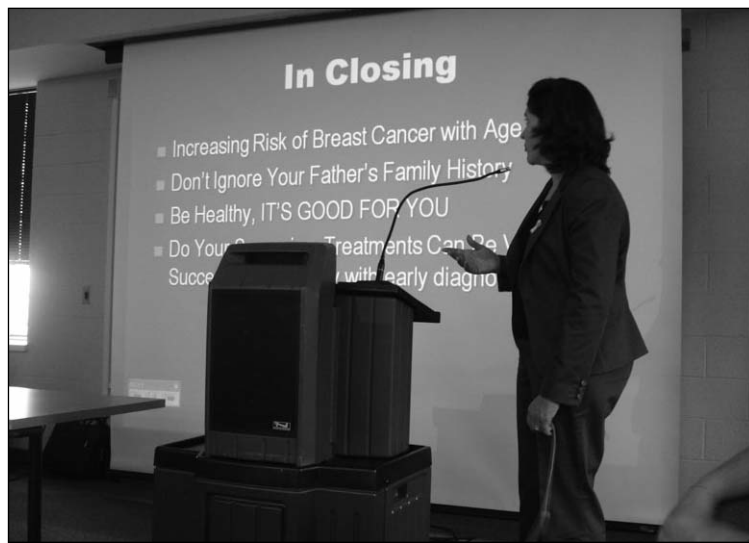
intake by 20 to 40 percent are shown to decrease their risk for the disease by 22 percent.

Chalich urged listeners to focus on preventative weight gain as a measure of decreasing the risk of developing breast cancer between the ages of 30 through menopause, and from child birth to menopause. She also revealed that post-menopause is a prime time for developing breast cancer in women, as the metabolism slows down and estrogen levels are unstable.

Fortunately, there are many ways to reduce the risk of developing breast cancer in your lifetime. A consistent physical exercise routine over your lifetime is found to reduce the risk of breast cancer significantly.

Studies have also shown that a plant-based diet, which supplies most of your protein, where meat is either removed or only accounts for one-third of a meal, can reduce the risk as well. A plant-based diet provides photochemical vitamins and minerals found only in plant foods which give us phytoestrogens, beneficial synthetic estrogen which are milder than those created in our bodies that stop tumor growth and, as an added plus, slow aging. Along with these photochemical, isoflavones, which are high in antioxidants and are contained in seeds, whole grains, fruits and vegetables help to ward off breast cancer cells. But these foods should be consumed in moderation to prevent any adverse effects from their breast-cancer fighting properties.

Chalich mentioned some power foods that



DR. STACY KRISHNER (TOP) AND DR. BETH DUPREE (BOTTOM) SPEAK ABOUT BREAST CANCER
PHOTOS BY SARA CROUSE

pack an extra punch of breast cancer-fighting properties. Among these were flax seeds, which are potent anti-carcinogenic seeds that bind to estrogen receptors in the breast to block potent tumors.

Along with flax, walnuts are praised as having reduced the size of tumors by 50 percent in studies of mice, compared to mice given corn oil. Walnuts contain omega-3 fatty acids and antioxidant vitamin E, which are phytoestrogens that contain anti-inflammatory properties which help prevent breast cancer. Chalich said a friend once told her that, "Walnuts are the seatbelts for the heart."

Foods containing antioxidants, vitamins A, C, D and E, and beta-carotene also contribute to the reduction of breast cancer.

Another type of food that wards off the disease is soy products, which are especially beneficial for those suffering from menopause to ease their symptoms and have great protective properties for those already diagnosed with breast cancer. Research shows that soy, when consumed at a level of 25 grams

per day, raised levels of good cholesterol and may slow the rate of breast cancer tumor growth.

For instance, in China and Japan, where soy is consumed among most people, there are lower rates of death from breast cancer.

Dr. Stacy Krishner, who was joined by her colleagues Dr. Beth DuPree and Dr. Catherine Carruthers of the Comprehensive Breast Care Institute at DSI of Bucks County in Bensalem, told the audience that a half of glass of wine per day increases the risk of breast cancer. Krishner also revealed that three glasses of wine per day increases the risk by 37 percent by debilitating the liver's ability to metabolize estrogen.

Dupree, a surgeon and Master Reiki practitioner, combines eastern and western health practices in the healing of breast cancer. Dupree has written a book called "The Healing Conscious," published in June 2006 just after the death of her close friend to the disease. Her friend read the unpublished manuscript on her deathbed and encouraged

her to publish it.

October is widely-known as Breast Cancer Awareness Month. It began nearly 20 years ago to increase awareness and stress the importance of early detection.

Breast cancer is the most common cancer among women and is found nearly 100 times more in women than men. It is the second-leading cause of cancer-related death in the United States.

About 2 million living American women have been treated for the disease. The National Cancer Institute estimated 170,000 new cases in women and roughly 2,000 new cases in men.

Breast cancer can be detected through a series of procedures. Mammogram screenings should be performed every year for women 40 and older. Clinical breast exams for women between ages 20 and 30 should be performed every three years.

Self-detection is also a resourceful way to detect early signs of breast cancer. Women should report changes in the look and feel of their breasts to a health care professional immediately.

Treatment for the disease includes surgery, chemotherapy, radiation therapy and hormonal and biological testing. The earlier the cancer is detected, the more effective the treatment will be.

Act now to put off your risk of developing this disease, which is the second leading form of cancer in women, just behind non-melanoma skin cancer.

Although much more prominent in women, men develop breast cancer as well, according to the Centers for Disease Control.

To calculate your risk, go to yourcancerrisk.harvard.edu.



BSU is busy with a variety of events

BY JEN GOLDING
Webcast Anchor

With the semester in full swing and midterms quickly approaching, the Black Student Union (BSU) is busy hosting fundraisers and promoting educational awareness at many social and educational activities.

According to the Bucks website, the purpose of the club is to "provide a positive support unit for African-American students here at Bucks, and serve as a cultural, educational and social resource for the college. To promote, plan and integrate school and community activities that stimulate intellectual, social and moral growth of the African-American com-

munity at Bucks."

However, that description may be outdated. The current racial/ethnic makeup of the club is diverse, and all races are welcome to join. In fact, the BSU is considering a name change that would better reflect the diversity of its members.

There is also a diversity of ages in the club. Its members range from teenagers to adults in their 50s. Students of all ages are encouraged to join.

Gayle Evans, one of the club's advisers, said the direction of the club is geared not just toward social purposes, but toward educational purposes as well, such as raising awareness of issues

affecting different races.

According to medicalnews-today.com, African-Americans are more likely than others to have higher levels of two hormones that regulate blood pressure levels called angiotensin and renin. High blood pressure, stroke and diabetes are maladies that minorities are particularly at risk for.

In February, Dr. Matarese of the stroke center at St. Mary's Hospital will be coming to Bucks to do a presentation on stroke awareness. All are welcome to attend.

In addition to hosting Matarese, the BSU will hopefully be cosponsoring a program with the Women's Center in support of Black

History Month, which is also in February.

Currently, the BSU is cosponsoring a kosher cookie sale with another on-campus club, the Faith, Hope and Charity club. The proceeds of this fundraiser will go to a charity yet to be announced. Cookies can be purchased from Marc Johnson, club adviser, in Rollins room 16. The sale is running through the end of October.

Johnson said the BSU is always happy to work with other clubs and organizations to do joint activities.

The BSU is also hoping to hold a cultural food event in the near future. The event will encompass foods from all ethnic backgrounds and cul-

tures.

In September, they cosponsored a discussion on race with the NAACP of Bucks County. According to its website, the mission of the NAACP is "to ensure the political, educational, social and economic equality of rights of all persons and to eliminate racial hatred and racial discrimination."

Anyone is welcome to join the BSU, regardless of age or race. Meetings are usually held every other Thursday in Rollins room 16. Anyone interested in joining the club or receiving more information should contact either Gayle Evans in Rollins room 22 or Marc Johnson in Rollins room 16.

Bucks Librarian uses saxophone to aid college

BY DANIELLE EMERY
Centurion Staff

On Oct. 26 Richard Hodges, a Bucks librarian and saxophonist, will perform at a benefit concert to raise money for the Bucks Library.

Hodges, a graduate from Wichita State University, will leave the library on Oct. 26 and do one of the things he does best, play music. It is a great honor to have him play here at Bucks, considering his past.

According to his website, Hodges obtained his Master's degree from the University of Mississippi and also did graduate work at Indiana University and Columbia University. After completing this, he then was on the faculties at both universities.

Other than his educational accomplishments, Hodges is the founder and conductor of the Saxophone Choir, part of the Youth Orchestra of Central New Jersey.

Hodges has performed at various institutions, such as the prestigious Carnegie Hall in New York City and at the World Saxophone Congress in Montreal, Canada. In addition to performing, he also teaches music at his studio in Plainsboro, NJ. In between performing, teaching and helping Bucks students at the library, Hodges has found time to record a CD.



His latest is titled, "The Road Not Taken." The title is based on a New York Times article that discussed the life and music of the French composer Charles Koechlin, whose works are included in Hodges' CD.

The classical saxophonist will be performing on Oct. 26 in the Library Auditorium. He will be joined by pianist John Forconi and cellist John Enz.

The performance begins at 4 p.m. The event is free, but there is a suggested donation of \$10, with proceeds going to the Friends of the Bucks Library.

For more information or questions, call (215)968-8003.

Bucks Career Fair

BY ELLÉ CREEDON
Centurion Staff

More than 50 employers sought potential employees at the annual Career Fair presented by Career Services, in conjunction with Pennsylvania CareerLink.

The room was filled with numerous employers either searching for college students to hire, or providing students with advice on what is considered appropriate dress, professionalism—even make-up—during an interview.

"I think the Career Fair was a really good idea," said Christie Dodd, 20, nursing major. "I think that this helped provide students with the chance to look for a job without a lot of stress attached."

Julie Weiss-Schwartz, owner of Powder Room Beauty Boutique and Day Spa in Northeast Philadelphia, gave brief consultations on make-up, as well as free make-overs, or unders in some cases.

Paula Molino, owner of Fashion Fix Fashion Consulting, also presented her ideas on what to wear— or what not to wear— to interviews. She offers her services on fashion consulting, wardrobe analysis and personal shopping and considers herself a fashion guru of Bucks County. "I am the what-not-to-

wear of Bucks County," said Molino. "People come to me for fashion advice, and I give it. I want to show students how to dress to impress all potential employers."

The fair consisted of students, faculty, employers and the general public.

Everyone looking for a job was encouraged to bring their resumes and fill out applications as employers spoke about job opportunities and positions available.

Not only were there employers, but the fair also included a firm providing helpful information on colleges and universities to transfer to, as well as another firm educating students on finding an appropriate internship to fit their job needs and qualifications.

Every table offered a variety of goodies - free candy, snacks, pens and Frisbees- to lure in people to talk and fill out an application.

Mad Science, a company that teaches elementary and middle-school level children about science with a "fun twist," was throwing small containers of slime to those who walked by, enticing them to come apply.

Despite the rough times some are facing financially, and the recent news on the dour economy, companies are still looking to hire bright individuals.

Course	A	B	4.0	3.0
033 Basic Mathematics	A	B	4.0	3.0
034 Basic Algebra	A	A	3.0	4.0
101 Intro Psychology	A	A	3.0	3.5
R104 Fund of Acting	A	A	3.0	3
DC102 Marriage + Family	B		3.0	
IS106 US History			20.0	3
Term Totals			39.0	

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Get Ready for Bucks CleanAir!

October 1, 2008

Bucks County Community College will provide a smoke free learning and working environment for all students and employees.

Visit www.bucks.edu/cleanair to read the Board of Trustees statement on a Smoking Policy.

All College buildings and property are smoke-free unless specifically designated as areas where smoking is allowed. Designated smoking areas for each campus are as follows:

- 1 **Newtown:** smoking permitted only in parking lots A, B, C, D, E, F, and H which are beyond Linden Lane and Employee Road and/or in private vehicles.
- 2 **LBC:** smoking permitted only in parking lots and/or in private vehicles.
- 3 **UBC:** smoking permitted only in Employee Parking Lot and Student Parking Lot crossing Hillendale Drive and/or in private vehicles.

As the Board of Trustees stated, "By creating clearly marked areas where smoking is permitted and areas that are designated as smoke free / clean air zones, the College will be acting proactively to create an environment that does not endanger others but will allow individual freedom to make decisions that have health consequences. This is consistent with recently enacted Pennsylvania legislation that prohibits smoking in public places including schools, hospitals and sports facilities."

Expectations high for ‘Wrath of the Lich King’

BY CHRISTOPHER JOHNSON
Interactive Media Editor

For those who are familiar with the world of Azaroth, Nov. 13 is an important day. It's the day that Wrath of the Lich King Expansion pack is being released to the millions of dedicated Warcraft fans around the world. What can players expect from the new expansion? Simple—a lot.

This is the first expansion to have a hero class included in it. What's a hero class? It's a class that's more diverse and has more specialization than the current classes. Specifically, in this new expansion the Death Knight hero class will be making its debut. This is an important step as Blizzard Entertainment announced that one new hero class will be included with each new expansion.

The Death Knight is a new and creative addition into the “World of Warcraft” universe. It is the first class that will allow you to start from a



high level, specifically level 55. The Death knight has two major jobs, tanking or attacking lots of enemies and dealing out lots of damage.

Players will be able to create their own Death Knight provided they have a character that is level 55 or above already on the server.

Also, instead of using the regular mana, rage or energy they will be using runes. These runes make up certain abilities such as Blood, Frost and Unholy. As these runes are used, they will have to refresh over time much like mana.

Also important to this new

expansion is the inclusion of a new level cap, which is level 80. The previous level cap was 70; a lot of people have reached over that over the last 12 months. This new level cap will allow players to do more quests.

This will relieve a lot of boredom players have experienced especially since most of them are fighting in battlegrounds or building up new characters from the beginning.

Another inclusion to this expansion players will like is new mounts, like the Death Knights Deathcharger mount and the new Mammoth

mounts. Also included is the new profession skill cap which will be raised to 450, thus making it easier to level up all skills.

The biggest inclusion of all is the new continent. That's right a new continent, of Northrend, home of the Lich King, formerly known as Arathas Menethil, an Alliance paladin who became fused with an evil spirit.

This spirit gave him the powers of necromancy. His power grew so great that he gained control of the Burning Legion, now known as the Scourge, whose attacks were so vicious it forced the Alliance and Horde to join forces.

The new continent of Northrend is slightly larger than those of the Outland in

size and scope. Some of these regions house some of the deadliest creatures in all of the Warcraft universe including the Frozen Throne which is home to the Lich King.

Thankfully there is no level requirement to enter Northrend, although it is highly suggested that players be at least level 68 or higher before venturing this far north.

As it gets closer to the release date for Wrath of the Lich King, it looks like Blizzard will be receiving more players to their still growing number of subscribers.

If you think this game will interest you, go to world-ofwarcraft.com to download the original game for a 10-day demo play.

‘Gears 2’ continues the fight

BY CHRISTOPHER JOHNSON
Interactive Media Editor

Anyone who owns an Xbox 360 has played “Gears of War.”

Whether at a friend's house or on their own, no one has missed out on the amount of awesome fun that the game provided. Fans only have to wait a little longer because “Gears of War 2” is on the way.

Gears designer Cliff “Cliffy B” Bleszinski announced back in February that “Gears 2” was in development and was going to be available in November.

The game finds Delta Squad from the first game deeply involved in trying to finish off the Locust invasion. Much like the “Matrix Reloaded” and “Revolutions,” this is humanity's last stand for survival.

The game intended to outdo what it did in the first game.

Bleszinski said on gamespot.com, “There will be much more blood and gore than in the first. For example, if a player is near death, he will be able to crawl to cover and as he moves, a blood trail will appear below him.”

This applies to enemies as well. A new feature can be used as “meat shields.” Also included in this new game are more methods of killing an opponent.

“There are things like punching them while they are down, using the sniper rifle as a sledgehammer, or using the torque bow as an axe,” said Bleszinski.

The game developers intended to turn the violence up a bit. However, there was a concern the designers were aware of the difficulty in



play, as well as appeasing everyone's expectations.

Senior Producer Rod Fergusson said, “We overshot on [the casual] difficulty and a game that was a little harder than we intended.”

The game was incredibly difficult—even for seasoned players. The first game was so difficult that the few players who completed the game on “insane” mode by themselves were considered to be among gods.

To keep this from happening again, the developers introduced a level lower than that of “casual.”

Another really cool feature that's being included is the ability to play co-op on separate modes.

For example, one person who wanted to play on “casual” wouldn't have to force someone who wanted a challenge to play that mode.

Instead, the game will change to give a player at a lower difficulty as fair a challenge as the player at higher difficulty.

Important to players who play a lot online are new maps and new game modes that have been either added or modified from the original

“Gears of War.” New modes like “guardian” are similar to “assassination.” This is different from the original “Gears” and “Horde,” which pits a team of up to five players to fight off wave after wave of Locust soldiers.

Also included is the ability to play computer-controlled “bots” in multiplayer.

It was also announced that there will be two versions of the game released. There will be the regular edition which is just the game. The limited edition of the game will have lots of extras including a SteelBook case with a bonus content DVD, a book entitled “Beneath the Surface: An Inside Look at Gears of War 2,” a keepsake photo the characters and an exclusive Xbox Live code to unlock a gold-plated Lancer rifle for online play.

It looks like this game is something those Playstation 3 owners will have to beg their friends to let them play. If Epic Games has really stepped up their game with this new “Gears,” the company might break its own sales records and make people go out and buy an Xbox 360 just for the game.

Here's a list of major DVDs and Blu-ray Discs coming out in November and beyond...

Films:

- “The X-Files: I Want to Believe”
- “The Chronicles of Narnia: Prince Caspian”
- “Horton Hears a Who”
- “The Dark Knight 2-Disc Special Edition”
- “The Longshots”
- “Step Brothers”
- “Tropic Thunder”
- “Space Chimps”

TV on DVD:

- “24: Redemption”
- “Bones: Season 3”
- “Doctor Who: The Complete Fourth Series”
- “The Cosby Show: the Complete Series”
- “McHales Navy: Season 4”
- “The Real Ghostbusters: The Complete Series”
- “Charmed: The Complete Series”

Here's a list of some cool websites to visit...

- **thinkgeek.com**

Do you always want to know the WiFi connection in any room? Buy a WiFi detector shirt! You need to visit this website for all your geek needs.

- **jinx.com**

Do you want to express how much you pwn noobs? Or how much your reading skill has increased? Visit jinx for your game clothing needs.

- **scaryforkids.com**

For those of you who get a sick laugh out of scaring small children, bring them here if you want a cheap laugh.

- **darwinawards.com**

A list of stories and experiences that prove that Darwin was probably right about survival of the fittest.

- **pinstruck.com**

A fun revenge site. Send a curse to someone who want revenge on. It'll show them a voodoo effigy of them impaled with pins. The best part? They'll never know it was you!

Spears is back with new album

BY ASHLEY PIZZI
Centurion Staff

This past week, Britney Spears' new video "Womanizer" appeared on music television stations and websites everywhere. Over the past few years, it has been near impossible to miss the reports or photographs of Spears's emotional and mental breakdown. Bald Britney, drunk Britney and bad-mom Britney sound like the latest Barbie dolls, but it's fair to say that this new video will re-establish Britney as the rightful princess of pop.

The video is classic Britney. The pop star plays a variety of characters while dancing to her new song with a team of well-groomed back-up dancers. First, Britney is herself (naked and in lingerie. Then, she plays dress-up as a sexy businesswoman, a feisty waitress and a limo driver who seems to have misplaced her pants.

"My cat seems to like it. If I block her view she looks around my hand," said 24-year-old Joe McFarland, a Bucks film major. When asked if the video marks the comeback of Spears, McFarland said, "Considering it's already at no. 1, I would say so. But even if I didn't know that, I'd still say the song might catch on." McFarland added, "I mean she's naked in the video. Sadly enough, that helps ratings."

Even if you don't believe that Britney has made her official comeback, curiosity should draw you to a web-

page displaying her new video. Since her engagement to Kevin Federline in 2004, Spears seems to have been doing her best to personify a train-wreck. And who can turn away from such violent carnage?

Drugs, divorce, random head-shavings and child-custody battles have distracted the media from Spears' ability to lip sync while dancing like a sex-crazed fiend. In fact, all the public goodwill that Spears accumulated through hard work has all but vanished—performing live while carrying a large yellow snake and gyrating in a skintight nude sparkly bodysuit is not an easy task to master.

But, Spears has gotten her act back together.

The Billboard music charts show that "Womanizer" jumped from no. 96 last week to no. 1 on the music charts this week. Almost simultaneously, Spears announced her plans for a tour, beginning in spring of 2009. Spears made over \$34 million during her previous tour in 2004. This new tour will support the release of her new album, "Circus," hitting stores on Dec. 2 in time for the holidays.

Watching Spear's new video has given fans hope for the future. As Americans we worry about our country being in a financial crisis, our healthcare system needing to be reformed and fuel prices that are on the rise. At least Britney is back. That must signify that America is going to be just fine.

Privileged-girl mold

BY BRITTANY KENVIN
Centurion Staff

On the surface, the CW's new show "Privileged" seems like just another carbon-copy of the rich and fabulous life blueprint that a countless number of shows have tried to follow.

However, after following the show for a few episodes, it is found to be much more than that. It's charming, yet quirky, a fantastically mindless guilty pleasure that can be a great escape from the serious, fast-paced legal dramas that are all over TV right now.

Based on the book "How to Teach Filthy Rich Girls," by Zoey Dean, the show stars JoAnna Garcia, whom you might remember from shows like "Reba" and "Welcome to the Captain." Garcia plays Meghan Smith, the nerdy but lovable writer who moves from New York City to Palm Beach, in pursuit of a new job after her apartment burns down and she loses her job at a gossip magazine.

Upon her arrival in the posh new town, what she assumes to be an internship

position for a magazine or newspaper turns out to be a tutoring position for two spoiled socialite twin girls.

The girls' grandmother, Laurel Limoges (Anne Archer), offers Meghan \$1,500 a week, her own room and luxury car, and to pay off her student loans from Yale if she succeeds in landing the twins two spots at Duke.

The twins, Rose Baker (Lucy Kate Hale) and Sage Baker (Ashley Newbrough), are a great relief from the stereotypical TV sisters of the past. Instead of having either entirely contrasting personalities (i.e. any movie or show that included the Olson Twins) or being so similar that they could be the same person, they seem like normal teenage siblings who are close and share interests but have some differences as well. Sage is the more sassy, spitfire type with a hidden soft spot for her sister, while Rose is sweet and lovable, but sometimes has a hard time standing up for herself.

Although the show has a bit of a slower pace than would be expected, there are some juicy storylines played in for Meghan's love life already.

First, there's the old high school friend, with a secret crush, Charlie Hogan (Michael Cassidy) whom you might recall from Fox's smash hit "The OC."

Next there's the rich, handsome, and womanizing neighbor, Will Phillips (Brian Hallisay.) Lastly, there is the twin's headmaster, Jacob Cassidy (David Giuntoli,) whom Meghan is currently dating.

We keep hearing people who are tired of these rich-girl shows that seem to be popping up everywhere, but what these people don't realize, or don't want to admit, is that it works. Even though it's tough to own up to, who wouldn't want to live the lives of the filthy rich, or at least fantasize about it?

So, even though the premise of this show seems like just another gateway to the world of the rich and famous like other CW shows such as "Gossip Girl" and "90210," challenge yourself to watch and see beyond that outer appearance. Look past all of the superficial wealth and glory presented and you and uncover a charming, fun escape from everyday life.



Fall fashion tips keeps you hot in the cold

BY ELLE CREEDON
Centurion Staff

Cold weather blows in great new trends and some easy rules to dress-to-impress.

Halloween is just around the corner, but there should be no wearing of costumes out on the town. Save it for the parties, but unless you're in grade school, wear normal clothes to class.

Fall brings more than Halloween. Enter the leaves changing to rich colors, midterms and a chillier air.

Although you may get a rise out of a scary costume, too many scary ensembles are being worn, as "outfits."

There are those who so obviously rolled out of bed, threw on the first sweats they saw paired with last night's pajama shirt—not to mention tussled hair literally topping the look off.

How about some real looks: This season's beauty trends call for the "au-natural" look. Cosmetics are bold yet natural, showing emerald green,

browns and nudes, and metallics, to get the feel of looking like a million bucks.

Great fashion hair, on the other hand, allows women to save some coin. Roots are in, girls. We are all surprised! Do not worry about rushing to the salon at the first strand of dark hair. Let your roots show proudly, it's a great fall look that will hopefully stay around for a while, easing pressure on the pocketbook. As far as beauty, the natural look shines through as well. The look is full, thick, but well groomed eyebrows. Cosmetic companies are also showing, as well as runway models, a bold color lining the lower lash line.

For those of you depressed about putting your flip flops and other strappy footwear in storage for the season, while you miserably throw on your UGGs, have no fear—strappy footwear is in this fall, as well as sleeveless tops.

This season has not come in with much of a chill, so while the warm air is still around take advantage of it,

and sleeveless tops. This is a great look that all the runways have been showing this year from Calvin Klein to Diane Von Furstenburg, both of which look great with dark stockings.

Another fall look is to pair metallics and sequins with a fitted blazer during the day. Match your prints and tweeds, and wear pastels all year to help beat the seasonal depression. Horizontal stripes are back so wear those stripes if your figure allows.

A great tip for looking slim is to wear a big and bold print dress. These bigger prints tend to give you a longer leaner look.

Hopefully, next time you go to throw on some of your sweats, and a baggy tee, you will replace it with some leggings—cute can be comfortable.



LOSE THE SWEATS...AND THE CIG
PHOTO BY KISHA LOWENTHAL

Good and bad

Op/Ed Editor Sara Crouse gives her approval or criticism

Good.

Buying gas for \$2.95 for the first time in 16 months. Let's see, the financial markets are crashing, Wall Street is crashing and gas is going down...the election must be approaching. I wonder how long this "luxury" will last?

Barack Obama, as always, showing his true colors, emotions, and facial expressions during the final presidential debate in Hempstead, NY, which seemed more like a discussion with both candidates sitting at a table next to each other than a formal debate. I think I may have actually caught John McCain look over at Obama a couple of times.

Campus starting to crack down on the violators of the smoking ban. They run around campus polluting the air.

Bad.

Two former employees of NSA revealing to World News' Charles Gibson that on many occasions they were tapping and listening to personal calls of non-terrorist American citizens in Iraq, including journalists reporting in Iraq, many times delighting in their "pillow talk and phone sex." What a disgrace and violation of our civil liberties.

The projection that it may take eight to 12 years to recover funds lost from many working Americans' pensions and annuities that have plummeted in the wake of the economic crisis. Some baby boomers don't have the time to wait to regain the money that they've accumulated in their decades of work, which many rely on for a relaxing retirement.

Dear John, Dear Jane

An open letter to those people who bother Editor-in-Chief Laura Irwin somehow

Dear person who keeps leaving a "corrected" version of my column on my door,

Hey. We haven't met, but I'm Laura.

I really didn't want to draw attention to your antics, but despite my better judgment here goes: My office hours are listed on the door you seem to enjoy tagging.

Have you never had a typo? I have. It happens and I don't lose sleep over you catching one.

Maybe you are one of the unique individuals who are able to type perfectly, or you are the kind of person who can edit every story, layout a minimum of 12 pages of newspaper and bang out a weekly column in two days.

Oh wait, that's right, you don't know jack about what I do because you don't do it.

I'll give you this - your love notes are rather annoying.

Congratulations.

I do appreciate that you, with dedication, read my column.

I feel like Howard Stern, in the sense that people read me because they hate me. I never thought this was all that interesting. I was aiming for funny and entertaining, but whatever. I'll get over it.

I would like to address some other issues in your corrections.

Newspaper articles are not written according to Strunk & White, but instead follow AP Style (Associated Press). So when you cross-out and scribble over most of the words and hyphens and other

punctuation, you are wrong and I am right.

I don't expect a layman to know this, but maybe you should take the time to do a little research before wasting my time.

I do not have run-on sentences. How do I know this? Because Microsoft Word spellcheck and general knowledge of sentence structure says so (fragment).

Long sentences and non-restrictive relative clauses do not run-ons make.

I had an appropriate use of a fragment back there to delineate a point; fragments are not evil. And there is a big word again. Yes, I do use the word "delineate" and, more specifically to your complaint, "diatribes."

Just because you don't know what it means, doesn't mean I can't use it.

Then there is one of my favorite deletions. You cross out my sentence introductions, like "so" and "but," along with contractions, as if I am writing a senior thesis.

Welcome to the Op/Ed (Opinion and Editorial) page in a newspaper.

The type of media I am expressing my opinion in is not subject to the style your Comp professor tells you is proper writing technique.

This is called style and tone, and adheres to the needs of the reading audience and type of writing.

In other words, this is a newspaper column.

Therefore, I use a casual tone in my sentence structure. If I were going to attach a bib-

liography to the end of this, I'd look like an idiot.

If I turned in a U.S. History paper writing like I am now, I'd also look like an idiot.

You look like an idiot correcting an Op/Ed piece by someone you don't know like the wanna-be English teacher you are.

Why don't you leave the passive-aggressiveness in your personal life and take a moment to gander at the hours I am in the newsroom.

Come on in and have a chat with me about your superiority.

You think you are God's gift to punctuation, why don't you edit for me?

You take the time out of your life to criticize me; you might as well put it to some actual use.

We newspaper people have a had a few chuckles at your expense over this, but I'm sure we can all put that aside and send you to work...for me. Then, you can expand your knowledge of grammar. Because right now, I consider it limited and not enlightening. You are not alerting me to something I don't already know. And instead of trying to irritate me because, oh my God, someone doesn't like my opinion of non-voters, take it for what it is: my opinion of the specific target audience, philosophy or what have you. I'm not aiming at 100 percent agreement.

I'll expect you to leave your corrections on my desk in person.

Thank you.
Laura

A Modern Hypocrisy

A weekly column by Centurion Editor-in-Chief Laura Irwin



The difference between beer and wine

Here's an anecdote from my weekend:

For the past three years, "Brewfest" has been held at Stockingworks, a former factory turned business complex off South State Street, next to my place in Newtown borough.

I sit outside jamming to music, checking out the people walking by and wait for 5:30 p.m. when it ends and the cops pick off drunk drivers like lions hunting gazelle. I don't have television, mind you, so this is the equivalent of a good police drama.

Circa 11 a.m., ticketholders flock to the outdoor "Oktoberfest" minus the good German food and quench their early morning thirst with beer. Those that paid extra attend early for the "connoisseur" tasting. As noon approaches, warning announcements interrupt the band saying, "In one half-hour the tasting commences and general admission opens." It's like the wine party is being interrupted with the lower-class beer drinkers. "Watch out, the Miller-Lites are coming."

I'm going to switch stories now. Later it will all come together though, I promise. Bear with me.

Later in the day my former roommate, now upstairs neighbor, invites me to a Patrick Murphy rally at the Newtown Art Gallery.

Who am I to turn down snacks and free booze?

I walk in, slap on a nametag that says "Joan" and down a clear plastic cup of Pinot Grigio followed by a toothpick-appetizer of olive-mozzarella-cherry tomato.

The nametag thing: I get a kick out of my neighbors, who have seen me 'round the 'hood and then at other events as a reporter, calling me Joan.

Okay, here's interesting guy 1. The host of the party is a man who has held Murphy parties in the past. "Joan, so good to see you. Patrick should be here really soon. He's a good friend of mine, so..."

Later, when Murphy arrived, "Joan, did you get the chance to meet Patrick? I could arrange that for you if you wanted. I know him. He's such a good guy. We've had dinner, so..."

This is what I would like to call social-elitism. I don't understand why a guy so rich is going Democrat. This seems like a Republican quality to me. Anyway, halfway through the shindig, I change my nametag to "Jane" and start pocketing Obama pins. That's when the emcee of the evening, "Mr. Patrick-sends-me-a-Christmas-card," steps up to the mike to introduce the night's featured Democrats. If it were me, I'd talk about the important people, instead of myself. But, "Mr. I've-held-Patrick's-daughter" thought he could mention all the cool things he's done for the cause, oh and here's Steve Santarsiero and he's running for state representative. This was repeated before and after Murphy. So, I needed some air.

Okay, here's where it all comes together.

I'm out on the steps of the gallery when all I can hear is a throng of people spouting profanity walking down the street.

What are a bunch of Beerfest-goers supposed to do but cap off a day of boozing with a night of boozing at the bars?

And when you have drinkers, you have a certain percentage of the crowd being bad drunks, mean drunks. As they pass the rally from the other side of the street, one notices the rally.

"Oh, look a wine party. Look at those wine drinkers," one belligerent guy said. "I'm going over there."

Another chimed for him to not take so long and watched his buddy stumble across the street without looking both ways.

I wasn't alone. A middle-aged man was standing on the other side of the stair, so when I did what I did, I acted knowing that if I was going to be attacked, I would be safe.

As the drunken ass approached the stair, I took one small step to my left, standing in front of the door.

I said, "You don't really want to go in there." He said, "Why?" I said, "Because you're a drunken mess."

Then it was more profanity and a pledge to vote for McCain.

I say he owes me one. I don't know who thinks they can walk, three sheets to the wind, into a hoity-toity wine party with a state representative and a congressman with the intention of creating a scene and not be arrested within moments.

I returned home having felt like I made a non-monetary Murphy contribution.

Murphy vs. Manion in debate

BY CHRISTIAN
PANNAPACKER
Centurion Staff

Democratic incumbent Congressional Rep. Patrick Murphy, Republican Tom Manion and Independent Tom Lingenfelter did not hesitate to criticize each other on various issues during a 90-minute debate held at the Bristol Riverside Theater on Oct. 15.

The debate got tense when Murphy, an Iraq war veteran, replied to Manion's allegation that Congress has not accomplished anything significant during Murphy's first term in office.

Manion said that since Murphy has been in office, Congress has passed roughly 290 pieces of legislation, a small number when compared to other congresses in history. He added that out of the 290 bills, 81 of them were renaming post offices. Manion concluded by saying, "We've got a do-nothing Congress."

Murphy replied by saying he was proud of renaming the post offices because one of them was named after Nate DeTample, a Bucks County soldier who was killed in Iraq in 2005.

Manion, a retired 30-year marine whose son was killed in Iraq in 2007, interrupted Murphy by sternly saying,



"Watch yourself." Manion then pointed out that his son died in Iraq.

Murphy acknowledged the interruption, saying, "I respect his service, and you should respect mine."

After the debate, Manion explained he had gotten angry because he felt that Murphy was dishonoring the deaths of the soldiers who have died in Iraq by using DeTample's name as political cover.

"We've got to stop invoking these guys' names; they've done a lot for this country," said Manion.

Manion's press secretary,

Karen Smith, said that Manion felt Murphy used the soldier's name as a means to defend his work in Congress and distract people from Manion's original point.

Murphy said, "...post offices are one aspect of what our legislators do, and Nate DeTample's post office in Bucks County is something I'm proud of. It's the first post office in Pennsylvania to be named after an Iraq war vet."

Lingenfelter attacked the two-party system, saying it is the cause of many problems and prevents the government from solving problems cor-



rectly.

He also accused both of his opponents of being obedient party followers who still try to distance themselves from the negative aspects of their parties.

Lingenfelter said, "You'll never hear either of these two men say, 'vote for me because I'm a Democrat,' or 'vote for me because I'm a Republican.'"

In a comical response, Murphy said, "I'm Patrick Murphy. Please vote for me because I'm a Democrat."

Murphy's retort was one of only a few times that either of the other candidates

acknowledged Lingenfelter. While Manion and Murphy debated each other's views and criticized the other over various issues, they mostly ignored Lingenfelter.

More than once during the debate, Murphy mentioned how he helped complete the Veterans' Cemetery and the construction of a solar-power park in Washington's Crossing. Manion accused Murphy of exaggerating his accomplishments, saying that both projects were started before Murphy entered office.

Manion presented himself as someone not previously involved in politics. He said, "I'm not a politician, never been a politician and am not a part of the Republican Party locally."

Murphy also mentioned his bill passing through Congress, that allows those serving their country to be exempt from being bombarded with late-fees or negative credit affects from non-payment.

Murphy promised to bring change during his next term in office. He said, "if you want more of the same, if you want more of the status quo, then I'm not your guy, but if you want something different from what Bush has been doing for the past eight years, than I'd appreciate your vote."

Full-force debate as Election Day approaches

continued from page 1

heart disease.

The repeated name "Joe Plumber" was mentioned repeatedly throughout the debate. In reference to a real plumber who looks to buy the plumbing company he works for, Joe Wurzelbacher spoke to Obama, expressing fear that he would be fined for not providing health care to employees. In Obama's health plan, owners of small businesses are exempt from fines that are issued for businesses that do not supply employees with insurance coverage.

McCain said that Joe Plumber is better-off with a low-tax health care plan like his. He believes in small taxation of provided health care. He looks to cut health care cost by putting medical records online, having employers reward employees who join health clubs and practice wellness and fitness.

McCain also believes in building more community health centers and walk-in clinics. He claims that his \$5,000 health care credit will ease the financial burden of expenses.

Education was another battleground issue.

Obama believes Charter Schools, funding and exceptional

teachers will advance the status of American education in world-ranking. "We need to recruit a generation of new teachers, an army of new teachers, especially in math and science, give them higher pay, give them more professional development and support in exchange for higher standards and accountability," he said.

McCain questioned what to do low-income areas because some people couldn't look into sending their children to Charter Schools. He believes that a voucher-plan, sending a select group of exceptional students to better schools is the way to go. He thinks that good teachers should receive incentives and says that the money to support education needs to come from somewhere.

In student interest, Obama proposed a \$4,000 tuition credit for students that contribute hours to better their community with community service. Obama said that community service could be in the form of military, Peace Corps or general community service—something that benefits where they live.

The major issue that surfaced throughout each posed question was the economy and taxes. McCain said that Obama was

going to raise taxes.

Obama plans on cutting taxes for 95 percent of the working-class, by raising taxes on those with an income of more than a \$250,000-annual income. McCain criticized Obama for his ideas of "spreading the wealth around" while Obama criticized McCain for ignoring the growing financial need of the majority of U.S. citizens.

McCain said, "In this time in our economy, why would you ever propose to raise taxes?" His plan is to continue to stabilize the economic crisis with continued bailout efforts and trickle-down ideals. He also said he will support the small businesses and those looking to start a small business.

While the blame was passed around from McCain saying it was

Clinton's administration and Obama saying it was the past eight years of President George W. Bush.

McCain's highlight of the evening, as discussed by political panelists was his zing to Obama, "Senator Obama, I'm not President Bush. If you wanted to run against President Bush, you should have ran four years ago."

Obama brought up the Bush

administration multiple years saying that a McCain administration would be four more years of the same."

In the end, critics said that this was the best debate out of the three presidential debates, but it lacked the vitality to sway an undecided voter or a voter from the other side.

The polls open to vote for the next president on Nov. 4.



Featured photo: 'Sleeping Beauty'

By Laura Irwin, editor-in-chief

contribute your photos by e-mailing a jpeg to centurion@bucks.edu



Flyers' catchy slogan sets season tone

BY KEVIN YORKE
Sports Editor

Last year, the Flyers wanted "vengeance."

This year, they're "hungry for more."

The Flyers' marketing department can come up with whatever they wish, but Flyers fans would still tell you there are certain things that must be accomplished before this season can be called a success.

With the inspiring, but disappointing loss to the Penguins in the Conference finals last year, this year's season is apparently limitless. They have an overall healthy lineup, and a depth that teams in earlier seasons could not match if they genetically cloned their first line three times.

How can that be possible? Well, each three lines have been given a center that is capable of scoring 30 goals and dishing out 70 assists, supported by a skilled winger that is usually faster and, also, a strength player to crash and harass opposing goaltenders. Centers Mike Richards and Jeff Carter give the Flyers great passing and shooting options, and the grit that both

show each night is also commendable.

What is even more noteworthy for the Flyers is their new captain. Last year, the team made a safe pick and went with 34-year-old defenseman Jason Smith, who is now with the Ottawa Senators. Smith in the "captaincy" proved valuable, as the old man provided leadership and a gritty veteran presence that others fed off of.

But after his departure in the offseason, it was time to look to the future, and none other than star Richards would fit the bill to become the Flyers' 17th captain. This was just a matter of time, as the 5'11" Canadian center has shown he can do it all. He can score, set up a goal for his wingers, keep the opposing team's star scorer in check, make a big hit on some unsuspecting victim to charge up the fans, or score a shorthanded goal. The man is so multifaceted he could probably drive the Zamboni better than the current Zamboni operator.

That's how valuable a player Richards is for the team, so it came to no one's surprise that

the man would be the new captain.

What was surprising to some Philadelphia fans was the Flyers' trade to rid the team of their biggest postseason scorer, R.J. Umberger, whom the Flyers traded to Columbus. The former Flyers Centerman was a huge reason for the Flyers' resurgence last year, proving to be a dominating force by his physically imposing nature and quick speed for his size. The team had to make the deal, though, because they couldn't keep him and their other star center, Jeff Carter.

The team also made valuable pickups in defensemen Ossi Vaananen and Steve Eminger, two capable puck carriers who also can throw their weight around. Management then rounded out the squad by signing Aaron Asham and Glen Metropolit to the fourth line to accompany Riley Cote to check the opposition into submission.

Probably the most interesting aspect of this year's team is Swiss defenseman Luca Sbisa, who became the second-youngest defenseman to ever start for the



INSIDE THE SPECTRUM
PHOTO BY LAURA IRWIN

Flyers at the age of 18. The first-round pick in 2008, he originally got his shot when teammates Randy Jones and Ryan Parent fell to long-term injuries before the regular season. If the Flyers keep him for nine games, he will have to stay with the squad. To start at 18 in the NHL at any position is remarkable, but for a defenseman to do it just shows

how talented and mature Sbisa is already as a player.

The Flyers have the depth to compete in the surprisingly deep Eastern Conference this year. Flyers fans are just hoping they are able to avenge the loss to the Penguins and go even further into the playoffs. After all, with a new captain, anything is possible.

Phillies are ready to fight Eagles disappoint

BY MIKE TINGLE AND IAN CLUNIE
Centurion Staff

For the first time in 15 years the Phillies are heading to the World Series, battling with the Tampa Bay Rays. How do the Phils match up against them?

The Phillies will face the Rays, who are young, tough team who came out of nowhere this year to win the AL East. They won 97 games in a division that included not only the Red Sox but the Yankees as well.

The Phillies have been playing with confidence and poise. They have the best bullpen in baseball.

Cole Hamels has been the best pitcher in the post season and with all the days off the Phillies can have him pitch in three possible games. With Brett Myers going in two other games, their starting staff is set up perfectly.

The true strength of the Rays is the middle of their lineup. Right now, they are hitting off the charts. Their two through five hitters: BJ Upton, Carlos Pena, Evan Longoria and Carl Crawford, are every bit as scary as the Phillies sluggers.

It will definitely be an exciting World Series.

I give the edge to the Phillies. If they get the brilliant starts out of Hamels and Myers that they've gotten to this point, I see them coming out victorious.



PHOTO COURTESY OF THE ASSOCIATED PRESS

Their bullpen is best for closing out games. Both teams possess fantastic lineups. But in the postseason, pitching is everything.

Bucks students seem to think the Phils have a chance.

Student Christopher Palmer said, "I'm not sure if they will win, but this is the farthest that they've gotten in 15 years. They have a good chance against Tampa I think, because they have little experience, being one of the newest teams in the MLB, if Tampa beats the Red Sox then I believe there will be a 50/50 chance for a win. Philadelphia and the Phillies need this, they

haven't won a Series in 30 years (1980), and they could use the motivational spirit. In terms of their arsenal, they have Jimmy Rollins, and Victorino; with all of his RBIs and catches in those last 2 games especially."

Student Eli Ianacone said, "I am stoked; I never got to see the Phillies get to the World Series because I was only 5 last time it happened. This is the World Series of my life, the Phillies we grew up with, and got to know. I got to know the players of this generation from watching them my whole life. I think this is going to be one of the most intense series yet."

BY SETH GANSMAN
Centurion Staff

Does anyone remember the Eagles? With the way they have been playing, and the championship hopes of the Phillies looking more realistic every day, many may have forgotten the "other" Philly team.

With a 3-3 record, and two of those losses coming to NFC East teams, the Eagles are starting to look more like they did last year, rather than the team we saw during week one trouncing the St. Louis Rams.

What happened to the fast rookie who could race down the field, the veteran QB looking better then he had in years and the superstar RB who didn't look like he had lost a step?

With a close loss to Dallas, a semi-redeeming win against their cross-state rival the Steelers, there seemed to be some hope, but then it began. A four point loss to Chicago, where on four tries the Eagles could not score from the one-yard line, and to add some salt to the wound David Akers missed two field goals that would have also put us over the top. The following Sunday, Eagles v. Redskins. The Eagles came to play; or so it seemed two touchdowns in their first two drives, then nothing.

On top of that, Brian Westbrook breaks two ribs, and

the Eagles end up losing 23-17 to yet a second NFC East opponent. With the other NFC East teams winning, the Eagles once again find themselves alone at the bottom of the NFC East.

There is more. The Eagles front office has told fans not to worry year in and year out. They will do what it takes to make the team a championship-caliber team. We have traded out of the first round of the draft for the past two years. Their reason was they felt there wasn't anyone who could help the team up that high. When it is compounded by the fact the Eagles don't add an offensive weapon, but do add a \$57 million cornerback, than you begin to doubt their desire to win it all. I am sure some will say the Eagles are decent, that they made it to the Super Bowl a few years back. Well to those people I would say, "You must not be a true Philadelphia sports fan."

We never win, we get close but we can never seem to win. This is why I get so fed up when Andy Reid says after every loss that he has to put his players in better positions. We need some fresh play calling, and a boost to the offensive side, and that boost wasn't Lorenzo booker.

As a loyal Eagles season-ticket holder I am reminded of a Bushism, "Fool me once, shame on me, fool me twice, shame on me."