Clinton takes the ticket

Pennsylvanians have spoken, and they have chosen Hillary Rodham Clinton for their Democratic candidate. The race continues...

By The Associated Press

WASHINGTON (AP) — Sen. Hillary Rodham Clinton won the most delegates in Pennsylvania’s Democratic primary.

Clinton won at least 80 of the 158 delegates up for grabs in Tuesday’s contest, according to an analysis of election returns by The Associated Press. Sen. Barack Obama won at least 66, with 12 still to be awarded.

The final delegate count was delayed because many of Pennsylvania’s counties are split into multiple congressional districts. Pennsylvania awards delegates according to the statewide vote as well as the vote in individual congressional districts.

Election officials were expected to continue working Wednesday to assign votes from split counties to the appropriate congressional districts.

In the overall race for the nomination, Obama led with 1,714.5 delegates, including separately chosen party and elected officials known as superdelegates. Clinton had 1,589.5 delegates, according to the AP tally.

It will take 2,025 delegates to secure the Democratic nomination.

On the Republican side, Sen. John McCain clinched the party’s nomination in March. The AP tracks the delegate races by calculating the number of national convention delegates won by candidates in each presidential primary or caucus, based on state and national party rules, and by interviewing unpledged delegates to obtain their preferences.

Most primaries and some caucuses are binding, meaning delegates won by the candidates are pledged to support that candidate at the national conventions this summer.

Political parties in some states, however, use multistep procedures to award national delegates. Typically, such states use local caucuses to elect delegates to state or congressional district conventions, where national delegates are selected. In these states, the AP uses the results from local caucuses to calculate the number of national delegates each candidate will win, if the candidate’s level of support at the caucuses doesn’t change.

For more on the PA primary, see a Centurion analysis on page 3

CE6 crashes, information lost

By TOM ROWAN

An online course management system used by hundreds of Bucks students recently malfunctioned, deleting all student work for an entire week.

In what one Bucks official described as a “perfect storm” of a breakdown, the course management program CE6 experienced a disc-drive failure. A backup mechanism that might have been used to recover lost work failed as well.

“We’re all working with technology every day, and at times hardware will fail and software will break,” said Assistant Vice President and Chief Information Technology Officer Debbie Noble. “The key is to be prepared and react in a timely and effective way.”

In close to 15 years of working with the learning management system, this is the structure’s first failure.

In response to the malfunction, representatives from Information Network Services (INS) and Online Learning have expressed assurances that CE6 has been moved to the front of the nightly system back-up protocol and will consistently be reviewed to ensure the best recovery.

“We are continuously reviewing and revising our backup and recovery procedures to address current and planned systems requirements, and to support the growing needs for and reliance on technology at the college,” said Noble.

The breakdown affected dozens of classes and potentially hundreds of students. In an internal internet memo Bucks officials wrote, “To the extent that is reasonable in each class, faculty will need to re-create the activities of the past week. Students may have to resubmit assignments or re-take tests. Faculty should prepare local curricula to address learning needs and to support the 15% of students that run completely and successfully.

“We can’t undo what has occurred,” said Dr. Maureen McCreadie, dean of learning resources, “but we will use what we have learned from this experience to improve the system moving forward.”

Any questions concerning the system failure should first be directed to the CE6 professors; if seeking further guidance contact INS at (215) 968-8400

The week of April 23, 2008
www.bucks-news.com
Volume: 43 Issue:15

The Centurion

All the news—about Bucks—that’s fit to print.

The SGA election results

A Modern Hypocrisy goes green

The weather

Our sports team makes an NFL mock draft

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Solar power

Organic food

Carbon footprints

Hybrid cars

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All the news—about Bucks—that’s fit to print.
Go Green

Bucks’ ‘Spring Fling’ goes green

BY JAY JONES AND KRISTIN CALCIANO
Op/Ed Editor
Entertainment Editor

Bucks students will find the quad invaded by the Student Government Association’s annual Spring Fling on April 24.

Themed ‘Go Green,’ there is no place better then the vast stretch of open grass between Pemberton and Rollins to host an event advocating the environment.

Green is also the theme of the Centurion for this issue, in honor of spring coming to our campus.

From articles on carbon footprints, hybrid cars and delectable organic foods, the Centurion is showing its spirt for mother earth.

With all the ‘greenness’ surrounding the campus in the upcoming week, hopefully students will be more informed about how they can help the environment.

This is the ultimate goal of the Centurion for this issue, as well as its main goal for SGA, which will be hosting the Spring Fling.

“In the fall, I wanted to do a package for the spring that encompassed the springtime sentiment and I immediately thought about an environmental package,” said Centurion Editor-in-Chief Laura Irwin, 25, from Newtown. “I heard ‘Spring Fling’ was about going green, so I thought that we could work together to get a good message out to the college. I feel this is an important topic that students care about, that this is something they can get more interested in by learning about it.”

As we enter into the time of shorts revealing scraped knees and cars with their tops down, it’s a season aptly named for the spring fever it induces in students yearning for the freedom from the books and professors at Bucks.

This feeling is only amplified by the fact that the campus is surrounded by the vast woodlands of Tyler Park, for the freedom from the earth.

It is an idea that is beginning to pick up momentum at Bucks. Several buildings at the Newtown campus have already done so, however the rest of the campus is still dragging their feet on the potentially energy-saving benefits to changing all the environmentally friendly light switches, some students are not sure that this is a good idea.

James Damiano, a 20-year-old nursing major from Levittown, isn’t convinced that swapping out the light switches would be a good idea. “The cost to benefit ratio is illogical. There is the cost of the actual switches and then the cost of having electricians install them, it would only way the amount of money saved on the energy bill.”

Even though it may not be a cost efficient way to reduce energy consumption, Bucks should look past their pocket book and consider the environment. Even the smallest improvements can have an effect in the long run.

Bucks County Community College’s Student Newspaper
The polls have closed for the Bucks Student Government Association primary elections. With the incoming group linger campus issues old and new, including the possibilities of a smoking ban and a mascot change from the Centurions into something more recognizable.

John Skudris will be replacing James Adams as president. The new President of Executive Orders is Ravi Patel, and the Vice President of Activites is Michael Canti. The new Executive Secretary is Julie Kritsberg and Justin Derry held on to his position as President of挑衅. The Councilor at Large is now Jenna Manders. Manders is the only student who was not associated with the Centurion. Skudris hopes to bring a new pride for Bucks, and cities state apathy as one of the reasons for his running. "We have to get more students interested in what's happening on campus," he said.

For this, the new administration is planning on putting suggestions boxes on all three campuses, and possibly online, to allow for easier communication between SGA and the student body. The involvement of students on campus was emphasized by Skudris, who ran unopposed for president in the election.

The administration has inherited a few issues from previous semesters, including the attempts to make Bucks smoke-free and a revitalization of the college's image. The campus-wide smoking ban, which Skudris opposes, would be a drastic change from the current policy that does not allow smoking within 25 feet of the doorways of buildings.

"It's not as though they're paying any less so they don't go to smoke," said Skudris, a non-smoker. "We're going to get campus security to enforce the 25-foot rule. Because, if we can't enforce that, how could we enforce a campus-wide ban?"

The reason for the mascot change is simply that it seems to be little knowledge about the mascot among the student body. SGA wants to raise awareness about Bucks, and hopefully bring more students into campus activities, clubs and organizations. Skudris believes that ignorance of the existence of a mascot is another symptom of “I go to Bucks and I'm not proud of that.”

The administration is planning on allowing students to make suggestions for the current mascot – pushing the need for suggestion boxes – and the top three will be voted for online, just as the SGA elections were held this year.

Skudris went on to say that he hopes the administration is able to broaden the students’ horizons so that they can get more involved. "I don’t think that they understand that involvement is what college is all about. It’s harder at a commuter school, but there are still options. And a lot of students don’t know that there are a lot of options, a lot of things to do to not just be [you] in the present, but also better [you] in the future."

To learn more about the SGA and the progress made with the possible smoking ban and mascot change, visit their website at www.bucks.edu/sga.

Bucks elects new SGA officers

BY SEAN MCGOVERN
Centurion Staff

In a primary season that seemed to go on forever, New York Senator Hillary Clinton has come out on top in the all important Pennsylvania Democratic primary. Around, 10:15 p.m. Tuesday, Clinton claimed victory and told the media, “Thank you. It’s a long road to 1600 Pennsylvania Ave. and it runs right through the heart of Buck County.” You know, for six weeks, Senator Obama and I have crisscrossed this state, meeting people from every side by side. You listened, and today you chose. You knew what was possible, you knew what was possible if we roll up the sleeves and get ready to work with a president that’s ready to lead on day one.” The crowd enthusiastically roared into a “Yes, she will!” chant, showing their support.

Seven long weeks all came down to Tuesday’s elections. As of 11:15 p.m. Tuesday, Clinton made the major networks had declared Clinton the winner over Illinois Sen. Barack Obama. With 90 percent of precincts reporting, Clinton led Obama 55 percent to 45 percent. Obama apparently already knew the results, as reports said Obama had left earlier in the day to campaign in Indiana instead of staying in PA to rally supporters.

According to CNN’s exit polls, Clinton captured 57 percent of the female vote and 48 percent of the male vote. Obama, however, was able to continue his dominance among younger voters, capturing 61 percent of 18-29-year-olds. Clinton also captured the religious vote and the votes of gun owners, a key demographic in a state that is extremely pro-guns.

The exit polls once again showed strong support for Clinton from the elderly as 63 percent of those 65 and older voted for her. She captured a majority of those making between $15,000 and $150,000 a year. Obama carried those making less than $15,000 a year and those making more than $150,000. According to 55 percent of the votes, the most important issue according to voters was the economy. Clinton captured 58 percent of those who believed this. Iraq was the most important issue to 27 percent of voters.

Advocacy. Should the write-ins not take up the posts then the administration will have to find students who are willing to accept them. Skudris hopes to bring about a new pride for Bucks, and cities state apathy as one of the reasons for his running. "We have to get more students interested in what's happening on campus," he said.

For this, the new administration is planning on putting suggestions boxes on all three campuses, and possibly online, to allow for easier communication between SGA and the student body. The involvement of students on campus was emphasized by Skudris, who ran unopposed for president in the election.

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The Centurion’s PA primary analysis

BY JOHN SKUDRIS
Centurion Staff

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Organic foods for a healthier lifestyle

BY SARA CROUSE
Centurion Staff

Whether you are motivated to go organic due to the health benefits, diet issues, illness or quality of the product, by eating organic you are helping to give rise to a beautiful economic and environmental future.

The organic food movement has gained much steam in the last few years. According to Forbes, sales exceeded $14 billion from less than $1 billion 14 years ago, and are expected to rise to $17 billion in the next two years.

Organic foods are produced according to strict production standards without the use of chemical pesticides, artificial fertilizers, human waste or sewage sludge and are processed without ionizing radiation or food additives.

Organic produce must also not be genetically modified. That means the organism’s genetic material has not been altered using genetic engineering techniques, which are often used to produce quicker, less nutritious and larger-than-natural crops that only financially benefit the conventional farmer in America and other countries such as Mexico, Colombia and Peru, where much of the conventional produce at supermarkets is imported from.

Not only are these conventional import crops mildly regulated as to their growing practices, but they are also less fresh than local crops brought to local markets, which haven’t endured long flights or truck rides to get to your table. When you buy locally, you are supporting local agriculture, which tried to compete with the overwhelming majority of large corporate farms, to provide a fresh nutritious crop to the community. Many organic and family farms are also looking to renewable energy sources, such as wind and solar energy and bio-diesel fuels, due to rising oil prices and concern for the environment.

For animals, the organic seal means they were reared without the routine use of antibiotics and without the use of artificial growth hormones. More than 50 percent of the antibiotics produced in this country are ingested by animals on factory farms, in their short life before the slaughterhouse. The residue left from these animals seeps back into our groundwater table, contaminating land and bodies of water and releasing greenhouse gases into the environment. The successive use of antibiotics in meat production has also led to antibiotic immunity, especially in children.

Organic food is easier on the environment as well because it does not consume or release synthetic pesticides into the environment and helps to sustain a diverse ecosystem—populations of plants, insects and animals. When calculated either per unit area or per unit of yield, organic farms use less energy and produce less waste, such as packaging materials for chemicals.

Official food composition tables, including data compiled by the US Department of Agriculture, reveal that since the 40s the mineral levels in fruits, vegetables, meat and dairy have declined substantially in conventional foods. Compare this with earlier, pre-ripened, longer storage and more processing of crops and it’s not surprising that we may be getting fewer nutrients from food than 60 years ago.

Israeli researchers have linked symptoms such as headaches, tremors, lack of energy, depression, anxiety, poor memory, dermatitis, convulsions, nausea, indigestion and diarrhea with dietary intakes of pesticides. Belgian research has found that women diagnosed with breast cancer are 6-to-9 times more likely to have the pesticide DDT, the most common insecticide pesticide, in their bloodstreams compared to women who did not have breast cancer. Hawaiian researchers following 8,000 people for 34 years have found that increasing consumption of conventional fruit and juice—and the pesticide residues they carry—raises the risk of Parkinson’s disease.

Organic crops, those found only in plant foods, many of which are antioxidants involved in the plant’s own defense system, will be higher in organically produced because crops rely more on their own defenses in the absence of pesticides. There is abundant evidence from epidemiological studies that the phytochemicals in fruits and vegetables can significantly reduce the risk of cancer, due to polyphenol antioxidant and anti-inflammatory effects.

“As for our healthy options at Bucks, we offer a salad bar, vegetarian station and fresh fruits. We would like to move towards going green by offering organic options, but the price is more and students are already unhappy with the cost of food,” said Greg Tozzi, manager of cafe services.

Celebrate Earth Day every day by going organic, for the health of you and your planet.
### April Calendar of Events

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<tbody>
<tr>
<td>6 Bucks County High School Art Exhibition thru April 12</td>
<td>7 Art Exhibition</td>
<td>8 Social Science club trip: Ben Franklin Bridge:Up and Over</td>
<td>9 Men’s Baseball vs. Northampton 2pm (away)</td>
<td>10 Bucks’ book group discusses Finn: A novel by John Clinch</td>
<td>11 Jimmy Bruno Jazz concert 8pm/Professor Freeman reads from latest book</td>
<td>12 Bucks Tennis vs. Philadelphia 1pm (away)</td>
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<tr>
<td>13 See the movie “Street Kings” starring Forest Whitaker and Keanu Reeves</td>
<td>14 Jobs: Getting Your Foot in the Door Workshop 11a.m.-12p.m.</td>
<td>15 Social Science club trip: Isaiah Zagar and the Magic Garden</td>
<td>16 Lower Bucks campus evening transfer fair 5-6:30 p.m.</td>
<td>17 Counseling Workshops: How to be successful at Bucks 11a.m.-12p.m.</td>
<td>18 The Leane play Trocadero Main Stage</td>
<td>19 Men’s Baseball vs. Delaware 12 noon (away)</td>
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<tr>
<td>20 Random sobriety checkpoints scheduled all over Bucks County</td>
<td>21 Team Tennis Bucks vs. Central Penn 3 p.m. (away)</td>
<td>22 Foreign Film Cache” 7p.m. Library Auditorium</td>
<td>23 MLB: Phillies vs. Milwaukee Brewers 8:05 p.m. (away)</td>
<td>24 Spring Fling</td>
<td>25 American Red Cross Lifeguard Training from 6-9 p.m.</td>
<td>26 The NFL holds its annual collegiate draft E-A-G-L-E-S!</td>
</tr>
<tr>
<td>27 See the movie Harold and Kumar Escape from Guantanamo Bay</td>
<td>28 Watch 2 hours of Family Guy on TBS 8-10 p.m.</td>
<td>29 Men’s Baseball Bucks vs. Lehigh-Carbon 2 p.m. (home)</td>
<td>30 MLB Phillies vs. San Diego Padres 7:05 p.m. (home)</td>
<td>31 MLB: Phillies vs. San Diego Padres 7:05 p.m. (home)</td>
<td>32 MLB: Phillies vs. Milwaukee Brewers 8:05 p.m. (away)</td>
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### Crossword Puzzles

Crossword puzzles provided by BestCrosswords.com (http://www.bestcrosswords.com). Used with permission.

Across
- Latin I word; 5- Compile, accumulate; 10- Skin disorder; 14- Tapered seam; 15- Sordid; 16- Lump of earth; 17- Aboriginal inhabitant; 19- Routine; 20- Botch; 21- Russian premier 1964-80; 23- Wordy; 26- Appraise, charge per unit; 29- It may be happy; 31- Colorful parrot; 35- Division of geologic time; 36- Complain unreasonably; 37- Time during which a machine is operating; 40- Forbidden by law; 41- Guarantee; 42- A single time; 43- Suffer; 44- Landed proprietor of Scotland; 45- Sommer of film; 46- Coffee dispensers; 47- Wanderer; 49- Urban scourge; 51- Small crown; 54- Jeweler’s tool; 58- Nabisco cookie; 59- Large food fish; 63- Knocks lightly; 64- Wine fruit; 65- Electrically charged particles; 67- Convocation of witches; 68- Initial stake in a hand of poker;

Down
- According to the Bible, he was the first man; 2- Island in central Hawaii; 3- Plastic or liberal, e.g.; 4- Dull plodder; 5- Tree used to make baseball bats; 6- Manhattan museum, familiarly; 7- Exclamation of relief; 8- Deep-sea volcano; 9- Church council; 10- Salt of an acrylic acid; 11- Overfill; 12- Words of denial; 13- Paradise; 18- Bashful; 22- Specimen; 24- Facet; 25- Young dog; 26- Make merry; 27- Sports area; 28- Foot bones; 30- Metal-bearing mineral; 32- Cheroot, e.g.; 33- Lower a sail; 34- Water holes; 36- Line of police; 37- Stomach woe; 39- Hooded cloak worn by Arabs; 40- Writing fluid; 42- Advanced in years; 45- Diners; 46- System of social perfection; 48- Unite; 50- Menu words; 51- Pigeon coop; 52- Word that can precede hygiene, tradition and agreement.; 53- Workout count; 54- Gaelic language of Ireland or Scotland; 60- Tap gently; 62- Can be used to catch fish or surf;

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"Crossword puzzles provided by BestCrosswords.com (http://www.bestcrosswords.com). Used with permission."
SOLAR PANELS WHICH ADORN THE DENVER OFFICE OF THE EPA.

PHOTO COURTESY OF EPA.GOV

BY KRISTIN CALCIANO

With the outrageous gas prices today, one can only wonder, is there another way? Well, there are many alternatives to gas that save cash and the planet.

Solar energy was once an idea that was native to coal, oil and nuclear power. But today, with solar energy being as cheap as it is and worldwide energy costs soaring, solar energy has gained lots of support.

Solar energy, which was once a curiosity, has become a reality. It can provide power to individual homes, and even to entire cities.

Solar energy is clean and efficient. It generates electricity from the sun's rays. This energy is used to power homes, businesses, and even cars. Solar energy is also cost-effective, as it reduces the amount of fuel needed to power homes and businesses.

There are many ways to use solar energy. One way is to install solar panels on the roof of a building. These panels convert sunlight into electricity, which can be used to power the building.

Another way to use solar energy is to use it for heating and cooling. Solar water heaters, for example, use sunlight to heat water. This is a more efficient way to heat water than using electricity or gas.

Solar energy is not only a clean and efficient way to reduce energy costs, but it is also a popular alternative to traditional ways. Many people are looking for ways to reduce their reliance on traditional ways of producing energy.

Solar energy obviously comes from sunlight and people are using this limitless power source that powers the sun in homes, offices and universities.

What started out as a group project for students at Point Loma Nazarere University in CA to try and get the college to switch to partial solar power has gained lots of support from the public, students and staff at the college.

PLNU is scheduled to have a solar panel installed that will generate 450 kilowatts an hour, which will reduce the yearly greenhouse emissions of the college by 586 tons.

That is the equivalent of taking 110 cars off the road.

Even though some colleges are beginning to look for cleaner ways to light their classrooms, Bucks has taken only a few small steps in this area so far, even though some students are trying to bring attention to the topic. Jason Bobb, music major, chose to do his group advocacy project for his Art of Science and Natural Class on the potential benefits of solar and wind energy as well as the benefits of switching light switches in bathrooms and classrooms to motion detector light switches.

“We decided to do this topic because of all the problems with the environment. We could be looking at serious climate changes in the next 10 to 15 years,” he said.

“Even though solar energy might not make sense fiscally, it would eventually pay for itself over time.”

Solar, wind and hydroelectric power account for 99.9 percent of the renewable energy on the planet, so with such a large amount of naturally eco-friendly energy around, why aren’t more people capitalizing on this alternative to coal, oil and nuclear power?

The answer is cost. Solar energy is far cheaper than what people might be thinking of. As an example, if one semester Bucks were to increase every student’s tuition by $5, that additional revenue would produce around $50,000.

Over the course of two years, the college could raise $200,000, which would in turn allow Bucks to pay for enough solar panels to produce well over 25,000 watts of power.

Mark Grisi, executive director of the physical plant, said, “The college uses roughly 642,800 kilowatts per hour every month.”

This would save the college a significant amount of money, even when the lights are off.

The coolest thing about having solar panels is that the panels themselves are tied into the power grid.

So on a sunny Sunday when no classes are being held, Bucks would actually sell the energy created by the panels to the township or the electric company, causing the electric meter at Bucks to run backwards and therefore reducing the monthly bill.

So with all the fuss about “going green” Bucks may have a potential way to not only be eco-friendly but also save some money as well.
Oh Baby!

In addition to my role as the managing editor at the Centurion, I get to be the editor of the Pennington Post and the Doylestown Patriot. It’s been my role as the editor of the Patriot that I received a press kit for a new book, “It Gets Easier… and other lies we tell new mothers,” by Claudine Wolk.

Wolk wrote the book while she was pregnant with her first child. She is currently at the midpoint of that process, and I have to say, man is it funny. She seems to hit the nail right on the head with how your family and close friends react to your pregnancy.

If you are expecting your first child, I would definitely recommend this book, but that is not really my point.

My point is that I have read a lot about pregnancy and childbirth in the last few months, and almost all of the books and articles that I have read talk about preparing your husband/significant other for the days and weeks after child birth.

The books go on and on about explaining to your husband that you will not be able to do all the household chores for a while. Some even suggest having a nurse talk to your husband about your restrictions.

But, for one, am flabbergasted by this. Apparently, it is hard for many women’s other halves to understand that they have had an unexpected major medical event requiring hospitalization and that they will need some down time for healing.

If this is the case for you, I think the question needs to be asked, what type of man will have you gotten yourself wrapped up with?

If, after 40 weeks of pregnancy and who knows how many hours of labor, your husband still has not gotten a pretty good grasp on the fact that your body is going through a serious event, then perhaps your husband needs a good swift kick in the rear, or worse.

Pregnancy is not something that any man, or woman for that matter, should take lightly.

A woman’s body is forever changed after carrying a baby. The trauma of even a normal labor and delivery can take a woman weeks to recover from.

Not to mention how much longer recovery can take when there are complications or if a cesarean is performed. I guess I should count myself as one of the lucky ones because my husband has been to every doctor’s appointment and read every article right along with me.

Steven has a good understanding of what to expect when I get home from the hospital. He is prepared to help me in any and every way that he can.

Sometimes, I think that he even over estimates how much help I will need from him, but I don’t correct him on that.

Wednesday, April 23, 2008

A Modern Hypocrisy

I have been so absorbed in producing a ‘go green’ inspired paper that I never stopped to think about my own role in climate impact.

Mark Bennett, news editor, was kind enough to hit me with the fact I have a perfect ‘modern hypocrisy’ to contribute this week.

Well, there is a reason my column is named as such. People are such hypocrites, self included.

I drive a car and consume my share of gasoline. I leave a light on in my room when I know I’ll be getting in after dark. I use general appliances and keep them plugged in and I think the light cast from those condensed light bulbs is not to par with a high-wattage bulb.

And to be completely honest, my apartment complex doesn’t even recyle. I can’t tell you how many newspapers I go through in a week, because it’s more than seven.

All that paper…I’m giving myself a huge guilt trip right now. So in an effort to save the planet, I need to think of some logical and practical alternatives to my lifestyle.

One, I hate the dark. I’m a major coward, okay? I admit it.

I have a light on in my apartment from the moment the sun begins to set. I here and now vow to have a light on only in a room I am in!

I don’t watch TV so I save a little on my carbon footprint that way and I have to unplug my radio that’s playing “Muse,” “The Used,” or “Social Distortion,” I will unplug it. Same goes for you too Mr. Coffee.

Besides, pesticides are poisoning the ground. Don’t get all trot on me, because it’s the plain-word definition of a pesticide.

It’s poison. Why eat it?

I had cancer, the only lucky duck in my family, and I think we can agree on occasion what it was that I was around that mutated my cells to turn against me.

I have those reusable bags from Wholefoods to tote to the grocery store with me, but I always forget them and am left stuffing 40 more plastic bags into the kitchen closet. I plan on putting them in my car so that I don’t forget anymore.

I can be so lazy.

And how about the dozens of newspapers I go through each week-I gotta recycle.

Don’t Recycle.

I have no problem with tap water. Newtown Artesian is fine enough for me, but I still acquire a bottle or two every now and then. I suppose getting a thermos to carry with me to the gym or on the road will hold back the mountain of waste at the dump long enough.

It’s a matter of making a conscious effort.

Don’t feel bad, I am as equally apart of the problem as any- one else, clamming allergy as their excuse.

But really, what is the problem if the first step, right?

I have a problem, and like most articles, I preach what I prac- tice. I, however, have some work to do in going green.

The practical edge of this ‘Reduce’ is the key to really making an effort to be more eco-friendly. I didn’t go out and buy a hybrid car and I am not going to take a bus when my Jettle is outside but I do have a bike, and legs and I can take care of cutting back on the exhaust pouring from my tailpipe.
NFL draft fever

BY PHIL COLES
Sports Editor

The unofficial start of the NFL season is this Saturday, as the league holds its annual collegiate draft. For football fans, the draft is like the spring of a new NFL season, with everything seeming new and exciting. Every fan thinks their team has a chance to hoist the Lombardi trophy, no matter how far-fetched it may seem.

And nowhere is that sentiment more shared than in Philadelphia. This year’s draft holds enormous possibilities for the Eagles. Will they select a wide-receiver such as Limas Sweed from Texas? Or will they tap into this year’s strongest positional talent pool such as Miami’s Kenny Phillips?

These questions and many others will be answered on Pittsburgh?  These questions and maybe Jeff Otah from

BY ANDREW BROWN AND KEVIN YORKE
Centurion Staff

The good news is that playoff basketball is back in Philadelphia. How long it will last remains to be seen.

The Sixers, however, surprised many by winning the first game of their best of seven series.

Sixers surprise in playoffs

Champions in 2004. Forcing Detroit into turnovers will be a difficult task. The team only averaged 11.64 per game this season, the lowest of any NBA team.

This is due in large part to Chevonny Billups, perhaps the top point guard in the East since Jason Kidd’s return to Dallas.

However, Sixers’ playmaker Andre Miller has given Billups some serious competition for this title in the current season.

The 34 year old point guard has been masterful for the Sixers, spreading the floor and creating opportunities for other Sixers players. One of the most glaring examples is Thaddeus Young and Samuel Dalembert open looks to the bucket and speeding up young players development.

An important thing for the Sixers will definitely be whether or not the point guard can keep Billups at bay and make the Pistons’ point guard work for every shot he takes.

The two point guards for the opposing teams have similar playing styles, and their numbers are eerily similar this season.

Both averaged exactly 17 points, and Miller has the edge in rebounds (4 a game to Billups’ 2.7) and has a slightly better assists tally (6.9 to 6.8). The matchup between the two point guards should prove to be an enthralling battle.

One thing the Sixers will have to key in on in the series is low post scoring, primarily from Detroit go-to guy, Rasheed Wallace. The power forward can shoot from the outside as well as nearer to the basket, so the Sixers’ will look to change matchups at multiple times.

Look for one of their versatile forwards, such as Andre Iguodala or Thaddeus Young, to cover Wallace on the perimeter, while center Dalembert tries to take his shot away from underneath the basket.

The Pistons will be more ready for the task at hand. In the Sixers last postseason berth during the 2005 season, they were beaten soundly in five games by Detroit.

The Sixers have overachieved all year, and remain a team for the future. But for the present, expect the Pistons to advance in six games.

Check out our editor’s picks below in an NFL mock draft!

Centurion NFL Mock Draft

Phil Coles, sports editor

1. Miami Dolphins-Jake Long, T, Michigan
2. St. Louis Rams-Chris Long, DE, Virginia
3. Atlanta Falcons-Glen Dorsey, DT, LSU
4. Oakland Raiders-Darren McFadden, RB, Arkansas
5. Kansas City Chiefs-Sedrick Ellis, DT, USC
7. New England Patriots-Brandon Albert, G, Virginia
8. Baltimore Ravens-Matt Ryan, QB, Boston College
9. Cincinnati Bengals-Leodis McKelvin, CB, Troy
10. Detroit Lions-Jeff Otah, T, Pittsburgh
11. Arizona Cardinals-Mike Jenkins, CB, South Florida
12. Minnesota Vikings-Keith Rivers, OLB, USC
13. Buffalo Bills-Devin Thomas, WR, Maryland
14. Denver Broncos-Dan Connor, LB, Penn State
15. Carolina Panthers-Ryan Clady, T, Boise State
16. Chicago Bears-Rashard Mendenhall, RB, Illinois
17. Detroit Lions-Jerod Mayo, ILB, Tennessee
18. Buffalo Bills-Lito Sheppard, CB, Miami
19. Dallas Cowboys-Darren McFadden, RB, Arkansas
20. Philadelphia Eagles-Derek Harper, DE, Florida
21. Tampa Bay Buccaneers-Litas Smed, WR, Texas
22. Washington Redskins-Philp Merling, DE, Clemson
23. Dallas Cowboys-James Hardy, WR, Indiana
24. Pittsburgh Steelers-Gosder Cherilus, T, Boston College
25. Tennessee Titans-Aquil Talib, CB, Kansas
26. Jacksonville Jaguars-Calais Campbell, DE, Miami
27. San Diego Chargers-Antoine Cason, CB, Arizona
28. Dallas Cowboys-Felix Jones, RB, Arkansas
29. San Francisco 49ers-Kwame Balmer, DT, North Carolina
30. Green Bay Packers-Brandon Bolden, FB, Virginia Tech
32. New York Giants-Kenny Phillips, S, Miami

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3. Atlanta Falcons-Glen Dorsey, DT, LSU
4. Oakland Raiders-Darren McFadden, RB, Arkansas
5. Kansas City Chiefs-Sedrick Ellis, DT, USC
7. New England Patriots-Brandon Albert, G, Virginia
8. Baltimore Ravens-Matt Ryan, QB, Boston College
9. Cincinnati Bengals-Sedrick Ellis, DT, USC
10. New Orleans Saints trade this draft position to Philadelphia Eagles for
11. Buffalo Bills-Leodis McKelvin, CB, Troy
12. Denver Broncos-Chris Williams, OT, USC
13. Carolina Panthers-Ryan Clady, T, Boise State
14. Chicago Bears-Jeff Otah, T, Pittsburgh
15. Detroit Lions-Jerod Mayo, ILB, Tennessee
17. Minnesota Vikings-Phillip Merling, DE, Clemson
18. Houston Texans-Keith Rivers, OL, USC
19. New Orleans Saints (Traded from Dolphins) - Dominique Rodgers-Cromartie, CB, Tennessee
20. Tampa Bay Buccaneers, Mike Jenkins, CB, South Florida
21. Washington Redskins-Calais Campbell, DE, Miami
22. Dallas Cowboys-Aquil Talib, CB, Kansas
23. Pittsburgh Steelers-Gosder Cherilus, T, Boston College
24. Tennessee Titans-Litas Smed, WR, Texas
25. Seattle Seahawks-Jonathan Stewart, RB, Oregon
27. San Diego Chargers-Brandon Flowers, CB, Virginia Tech
28. Dallas Cowboys-Felix Jones, RB, Arkansas
29. San Francisco 49ers-Desean Jackson, WR, California
30. Green Bay Packers-Antoine Cason, CB, Arizona
31. New England Patriots - Void
32. New York Giants-Kenny Phillips, S, Miami